

SAMPLE MENU

Field Studies Food Package Menu ~ FALL 2011 @ Camp Tahquitz

Friday	Saturday	Sunday
	<u>Breakfast</u> <ul style="list-style-type: none"> • Scrambled Eggs • Sausage • Home Fries • French Toast w/ Syrup & Butter Blend 	<u>Breakfast</u> <ul style="list-style-type: none"> • Scrambled Eggs • Bacon • Home Fries • Pancakes w/ Syrup & Butter Blend
	<u>Lunch</u> <ul style="list-style-type: none"> • Make Your Own Sandwich • Chips • Cookies 	
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; border-right: 1px solid black;"> <ul style="list-style-type: none"> ✓ Wheat Bread ✓ Lettuce ✓ Tomatoes ✓ Mayo ✓ Mustard </td> <td style="width: 50%;"> <ul style="list-style-type: none"> ✓ Sliced Ham ✓ Sliced Turkey ✓ Cheese ✓ Peanut Butter & Jelly (veggie option) </td> </tr> </table>	
<ul style="list-style-type: none"> ✓ Wheat Bread ✓ Lettuce ✓ Tomatoes ✓ Mayo ✓ Mustard 	<ul style="list-style-type: none"> ✓ Sliced Ham ✓ Sliced Turkey ✓ Cheese ✓ Peanut Butter & Jelly (veggie option) 	
<u>Dinner</u> <ul style="list-style-type: none"> • Mixed Green Salad w/ dressings • Potato Salad • Potato Corn Chowder Soup (no meat) • Chili Beans (w/ meat) • Corn Bread w/ Honey Butter Blend 	<u>Dinner</u> <ul style="list-style-type: none"> • Mixed Green Salad w/ dressings • Lasagna w/ meat • Lasagna (no meat) - veggie option • Fettuccini Alfredo w/ Broccoli • Garlic Toast 	<p>Thank you! Please let me know if you have any questions. lin.betancourt@canyons.edu (661) 362-3686</p> <p><small>*Please note: If you are declining the food package, you will need to bring your own food, drinks, and small ice chest; space is limited. There is a microwave that students can use; however, the use of the kitchen facilities is not available.</small></p>

Beverages: punch, hot chocolate, coffee (orange juice & milk available at breakfast)

Please see
the
directions
on the
other sides
of this
form.

Thank you.