

COLLEGE OF THE CANYONS
RECREATION MANAGEMENT REC 104
INTRODUCTION TO THERAPEUTIC RECREATION &
SPECIAL POPULATIONS
(3 units) (CSU Transferable)

Course Description:

This course provides an introduction to fundamentals of therapeutic recreation. The course introduces the student to the characteristics and needs of special populations as they relate to the delivery of recreation and leisure services, including the nature and function of recreation in rehabilitation agencies and settings. The emphasis is on planning and adapting recreational programs both in clinical and community settings. Volunteer fieldwork is required.

Course Instructor:

Dr. Rhonda Hyatt

Phone: 661 362-3120 Email: rhonda.hyatt@canyons.edu

Required Text:

Text: Foundations of Therapeutic Recreation by Terry Robertson. Additional related articles will be assigned during the semester.

Student Learning Outcome: Upon Completion of the course the students will be able to analyze job skills, responsibilities, modalities, assessment methods, and critical considerations for therapeutic recreation practitioners.

Course Objectives:

Upon completion of the course the student will be able to:

1. Describe the roles, responsibilities, ethical, and professional behavior of therapeutic recreation personnel.
2. Understand the conceptual foundations of play, recreation and leisure for all populations and settings.
3. Understand the attitudes, personal beliefs or concepts of self that can be obstacles to participation in recreation.
4. Understand the impact of social and cultural attitudes towards illness and disability.
5. Have an understanding of the psychological, sociological and cultural impact on therapeutic recreation programming.
6. Understand the characteristics of disease and disabilities that impact planning and implementation of a therapeutic recreational program.
7. Demonstrate the understanding of the components of program design as applied to therapeutic recreation services.
8. Compare a variety of assistive techniques, adaptive devices, equipment, and facility design related to specific illness and disabilities in therapeutic recreation.

Therapeutic Recreation Portfolio: A vital component of the course is the student portfolio. To best gain an understanding of the foundations of therapeutic recreation, students will compile a portfolio that is comprised of observations through a “Service Learning” experience, an agency profile, a professional profile and a case study. The portfolio is required and represents a significant portion of the course grade.