

COLLEGE OF THE CANYONS
RECREATION MANAGEMENT
REC 103 RECREATION AND THE NATURAL ENVIRONMENT
(3 units) (CSU Transferable) (OL)

Course Description:

This course covers the emergence of outdoor recreation in the United States. The course includes an overview of the recreational use of outdoor/natural areas and the trends which impact the use of our resources. Participation in lab/observational experience is required.

Course Instructor:

Dr. Rhonda Hyatt
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Course Materials:

Required Text: *Outdoor Recreation: Enrichment for a Lifetime*
Hilmi Ibrahim and Kathleen A. Cordes, second or third edition
ISBN 9781571675309 3rd edition 2008

Student Learning Outcome: Upon completion of the course students will be able to analyze the historical, political, cultural and contemporary social trends pertaining to the growth and diversity of outdoor recreation in the natural environment.

Course Objectives:

Upon completion of the course the student will be able to:

1. Recognize the basic foundations of outdoor recreation; human interaction and natural resources
2. Connect the historical roots of our cultural and attitudes on the American wilderness to the evolution of outdoor recreation.
3. Describe the benefits of outdoor recreation.
4. Discuss the origins, historical and current practices of agencies that control the use and development of outdoor recreation resources.
5. Describe a variety of outdoor recreation resources and assess ways to utilize these resources with minimum impact.
6. Discuss the origins of outdoor program providers as well as the various models of education in outdoor recreation and leisure programs.
7. Recognize the importance of conserving the natural resources and maintaining the integrity of the indigenous cultures and environment.

Course content:

Foundation of Outdoor Recreation
History and Pioneers in Outdoor Recreation
Benefits associated with Outdoor Recreation
Economic Impacts
Outdoor recreation providers
Management Issue in Outdoor Environment
Outdoor Education

Field Studies Requirement: Mandatory on location field study will take place at Camp Tahquitz, south of Big Bear. The field study class will replace 12 hours of on-campus class time. Please see schedule of courses for details. Please visit www.canyons.edu/fieldstudies for information regarding student responsibilities and requirements

Major Assignment: Recreation Report: Students will discuss a particular theme surrounding the human dimensions of outdoor recreational activity. The report should emphasize an understanding of the concepts related to the benefits of outdoor experience; physical, social and psychological.

Major Assignment: Group Project; “California Recreation Investigation”: Students will identify and research an outdoor recreation issue currently affecting Californian’s. Groups will work independently to create an in class presentation.