Dear Students,

Welcome to REC 101 Recreation and Leisure in Contemporary Society. I am Rhonda Hyatt, your facilitator. This course is a general introduction to Recreation and Leisure. It is required for recreation management students earning an AA or transferring into a Recreation major. This course meets GE requirements under section E “Life Long Learning and Self Development”.

Please review important information about this course: REC 101: 2/10 to 4/5 10 week session

This course is 100% online. We will not be meeting face-to-face at all. The course will be available to you on the first day of the semester.

- This course starts on Feb. 10th. You must log in AND participate in the Introduction Blog by midnight on Feb. 10th or you will be dropped as a no show.
- You must review the orientation materials and take the orientation quiz by Wednesday Feb. 12th or you will be dropped as a no show.

LOGIN: There is a significant amount of materials to cover in the course, so it is important that you start the course on time and be consistently engaged. We are using Blackboard 9 as the course management system for this course. The link is on the COC home page.

User Name: The seven digits of your Student ID number
Password: “student”

Also found on the log in page are helpful links including the Blackboard Tutorial (This will teach you how to change your password and add your email to Blackboard).

TEXT and RELATED READINGS: You will need a textbook, it is a must by week 3 or you will fall behind.
McLean, D.; Hurd, A.; Roger, N.(2008). Kraus’ Recreation and Leisure in Modern Society. 9th Edition. Sudbury, Massachusetts: Jones and Bartlett. Any recent edition of the book will work (7 or 8), the library has the text on reserve. The text is $93.00 new or 69.75 used at the COC bookstore. ISBN13:978-0-7637-4959-0. Additionally note there may be related reading materials posted on Blackboard throughout the course.

EMAIL: All students are assigned a COC MyCanyons email address. This address is automatically imported into Blackboard. I communicate with students primarily through announcements and email through Blackboard; please get in the habit of checking your MyCanyons email.

COURSE SUCCESS: To achieve success in this course you must have access to a reliable computer and an Internet browser. It is best if you have your own computer, but it is not crucial. There are several locations on the Valencia and Canyon Country campuses, and local libraries that you may access a computer. High-speed Internet access is not mandatory, although it will make your online learning experience more pleasant. Blackboard 9 seems to prefer Firefox.
You should be prepared to log into this course several times per week. This course will be primarily asynchronous. This means that you are not required to be present online at a set time. Communication will primarily occur via “threaded discussions” and emails; I check my email several times a day during the semester.

You will interact with the course material through related reading, assignments, quizzes, internet challenges and participation in blogs or discussion boards. You will benefit from reading ahead, each week I will post the reading assignment for the upcoming unit.

You will find the quizzes and discussions boards easier and faster to complete by reading ahead. If you want to get a head start, read chapters 1-4 in the text. The first assignment will be based on chapters 3 and 4.

You must be prepared to participate in the blogs and discussion board items to achieve the ultimate grade in the course.

**COURSE OUTLINE SUMMARY:**

This Course investigates the contributions of play, leisure and recreation to the social, psychological and economic wellbeing of individuals and groups. This course will challenge you to consider the value of recreation and leisure pursuits in your own life. Please see the COC catalog for further course descriptions or the Recreation Management website:

http://www.canyons.edu/Departments/REC/.

**Student Learning Outcome:** Upon completion of the course the student will be able to assess the influence of modern history, politics, culture, and contemporary social trends on recreation and leisure activities and services.

**Upon Completion of the course the student will**

1. Understand the various views of leisure and recreation; differentiate the basic concepts of recreation, play and leisure.
2. Examine the history of recreation and leisure and the emergence of parks, recreation and leisure services.
3. Understand the various personal and societal factors that influence the development of recreation and leisure programs as well as participation in recreation and leisure activities.
4. Recognize the diversification of recreation and leisure services by for-profit businesses, government/public and non-profit agencies.
5. Develop a personal philosophy of recreation and leisure participation, and act as an advocate for recreational resources and the natural environment.
Examples of Course Assignments

Quizzes/ Worksheets:
The material is broken down into weekly modules that include a quiz or assignment. The quizzes are used to assist you to stay on task with the reading assignments and to evaluate your comprehension of the information. It is important that you stay abreast of the reading assignments to successfully complete the quizzes by the deadlines. The Final Exam is short essay and is cumulative.

Discussion Board/Blog:
The use of the Discussion Board is integral to the success of the course. Read the materials the week before the discussion item opens. Create your post prior to reading your classmates posts. The posts to the discussion board must be relevant; you must demonstrate you are familiar with the reading assignments as well as your classmates’ posts.

Assignment Time Line: Students will develop a timeline representation of the Public Recreation Movement. You will use the information provided in the text, “external links” on the main course menu or conduct your own web search to create a time line.

Assignment Leisure Motivation Questionnaire (LMQ): Students will use a questionnaire to assist them to begin to evaluate their own motivations towards leisure experiences. After taking the LMQ, Students will address their motivations in a short paper.

Assignment Personal Philosophy Statement of Recreation and Leisure: Building on the information and perceptions you gained from the LMQ, you will draft your personal philosophy statement. A philosophy statement is a declaration or testimonial of your own ideals, passions, beliefs about the value of recreation and leisure.

Assignment Specialized Leisure Service Areas: Students will have the opportunity to search the Internet for an organization/body or business, profit or non-profit which focuses on specialized leisure services.

Assignment Dream Job: Search the Internet for an actual currently advertised professional job that resembles your dream job in the recreation and leisure field. Discuss why this is your dream job and how it relates to your philosophy of recreation.

If you have any questions or concerns, please feel free to contact me. See below for contact information.

Sincerely,

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