Dear Students, Welcome to REC 101 Recreation and Leisure in Contemporary Society. I am Rhonda Hyatt, your facilitator. This course is a general introduction to Recreation and Leisure. It is required for recreation management students earning an AA or transferring into a Recreation major. This course meets GE requirements under section E “Life Long Learning and Self Development”.

Please review important information about this course: REC 101: 6/16 to 7/25 - 6 week session

This course is 100% online. We will not be meeting face-to-face at all. The course will be available to you on the first day of the semester.

- This course starts on June 16th. You must log in AND participate in the Introduction Blog by midnight on June 16th or you will be dropped as a no show.
- You must review the orientation materials and take the orientation quiz by Wednesday June 18th or you will be dropped as a no show.

LOGIN: There is a significant amount of materials to cover in the course, so it is important that you start the course on time and be consistently engaged. We are using Blackboard 9 as the course management system for this course. The link is on the COC home page.

User Name: The seven digits of your Student ID number
Password: “student”

Also found on the log in page are helpful links including the Blackboard Tutorial (This will teach you how to change your password and add your email to Blackboard).

TEXT and Related reading materials: You will need a textbook, it is a must by week 2 or you will fall behind. Any recent edition of the book will work (8, 9 or 10), the COC library has the text on reserve. McLean, D.; Hurd, A.; Roger, N. Kraus’ Recreation and Leisure in Modern Society. 9th Edition; ISBN13:9780763749590 or 10th edition; 9781284034103, new $ 108.

Additionally note there may be related reading materials posted on Blackboard throughout the course.

EMAIL: All students are assigned a COC MyCanyons email address. This address is automatically imported into Blackboard. I communicate with students primarily through announcements and email through Blackboard; please get in the habit of checking your MyCanyons email.

COURSE SUCCESS: To achieve ultimate success in this course you must have access to a text book and reliable computer and Internet browser. Blackboard 9 seems to prefer Firefox.
You should be prepared to log into this course most days of the week. This course is primarily asynchronous. This means that you are not required to be present online at a set time. But there are strict weekly deadlines. Communication will primarily occur via “threaded discussions” and emails; I check my email several times a day during the semester.

You will interact with the course material through related readings, assignments, quizzes, internet challenges and participation in blogs or discussion boards. You will benefit from reading ahead, each week I will post the reading assignment for the upcoming unit. You must be prepared to participate in the blogs and discussion board items to achieve the ultimate grade in the course.

You will find the quizzes and discussions boards easier and faster to complete by reading ahead. If you want to get a head start, read chapters 1-4 in the text. The first assignment will be based on chapters 3 and 4.

COURSE OUTLINE SUMMARY:

This Course investigates the contributions of play, leisure and recreation to the social, psychological and economic well-being of individuals and society. This course will challenge you to consider the value of recreation and leisure pursuits in your own life. Please see the COC catalog for further course descriptions or the Recreation Management website:

http://www.canyons.edu/Departments/REC/.

Student Learning Outcome: Upon completion of the course the student will be able to assess the influence of modern history, politics, culture, and contemporary social trends on recreation and leisure activities and services.

Upon Completion of the course the student will

1. Understand the various views of leisure and recreation; differentiate the basic concepts of recreation, play and leisure.
2. Examine the history of recreation and leisure and the emergence of parks, recreation and leisure services.
3. Understand the various personal and societal factors that influence the development of recreation and leisure programs as well as participation in recreation and leisure activities.
4. Recognize the diversification of recreation and leisure services by for-profit businesses, government/public and non-profit agencies.
5. Develop a personal philosophy of recreation and leisure participation, and act as an advocate for recreational resources and the natural environment.
Examples of Course Assignments

Quizzes/Worksheets: The material is broken down into weekly modules that include a quiz and an assignment. The quizzes are used to assist you to stay on task with the reading assignments and to evaluate your comprehension of the information. It is important that you stay abreast of the reading assignments to successfully complete the quizzes by the deadlines.

Discussion Board/Blog: The use of the Discussion Board and group blogs is integral to the success of the course. Students will have the opportunity to interact with the course content and share their own perspectives on a topic.

Assignment Time Line: Students will develop a timeline representation of the Public Recreation Movement. You will use the information provided in the text, “external links” on the main course menu or conduct your own web search to create a time line.

Assignment Leisure Motivation Questionnaire (LMQ): Students will use a questionnaire to assist them to begin to evaluate their own motivations towards leisure experiences. After taking the LMQ, Students will address their motivations in a short paper.

Assignment Social Functions of Community Recreation: This assignment provides the student with the opportunity to evaluate the social functions of community recreation and understand how the recreation needs of a community are assessed.

Assignment Specialized Leisure Service Areas: Students will have the opportunity to examine the various agencies and businesses, both for profit or non-profit which focus on specialized leisure services.

Assignment Dream Job: Students will investigate the various career options within the industry and outline a path to gain work experience, formal training and the education needed to achieve their dream job.

If you have any questions or concerns, please feel free to contact me. See below for contact information.

Rhonda Hyatt
rhonda.hyatt@canyons.edu
phone:661-362-3120
Office Seco Hall 212