Dear Students,

Welcome to REC 101 Recreation and Leisure in Contemporary Society. I am Rhonda Hyatt, your facilitator. This course is an introduction to the history and current trends surrounding the Recreation and Leisure industry.

**Important information about this course: REC 101 - 8 week session- Section 12491**

This course is 100% online. We will not be meeting face-to-face at all. The course will be available to you on the first day of the semester.

- This course starts on August 25th. You must log in AND review the orientation materials and take the practice orientation quiz by midnight on August 27th or you will be dropped from the course as a NO SHOW. This is a short session 8 week course.

**LOGIN:** There is a significant amount of materials to cover in the course, so it is important that you start the course on time and be consistently engaged. We are using Blackboard 9 as the course management system for this course. The link is on the COC home page.

User Name: The seven digits of your Student ID number
Password: “student”

Also found on the log in page are helpful links including the Blackboard Tutorial (This will teach you how to change your password and add your email to Blackboard).

**EMAIL:** You will also need to activate your mycanyons email for this course. I will communicate primarily through the “announcements page” and email, be sure to check both frequently.

**TEXT and RELATED READINGS:** You will need a textbook: McLean, D.; Hurd, A.; Roger, N. (2015). Kraus’ Recreation and Leisure in Modern Society. 10th Edition. Sudbury, Massachusetts: Jones and Bartlett. ISBN 9781284034103, new $111.00. Note: older additions of the text will work (8th or 9th) and the text is on reserve at the COC library. Additionally note there will be related reading materials posted on Blackboard throughout the course.

**COURSE SUCCESS:** To achieve success in this course you must have access to a reliable computer and a reliable Internet program. Blackboard 9 seems to prefer Firefox.

You should be prepared to log into this course several times per week. Students must demonstrate regular participation in the course or be dropped. This course will be primarily asynchronous. This means that you are not required to be present online at a set time. Communication will primarily occur via “announcements”, “blogs”, “discussions” and emails; I encourage you to check you’re mycanyons email several times a week during the semester.
You will interact with the course material through related reading, assignments, quizzes, internet challenges and participation in blogs or discussion boards. You will benefit from reading ahead, each week I will post the reading assignment for the upcoming unit.

You will find the quizzes and discussions boards easier and faster to complete by reading ahead. If you want to get a head start, read chapters 1-4 in the text. The first assignment will be based on chapters 3 and 4.

You must be prepared to participate in the discussion board items to achieve the ultimate grade in the course.

**COURSE OUTLINE SUMMARY:**

This course investigates the contributions of play, leisure and recreation to the social, psychological and economic well being of individuals and groups. This course will challenge you to develop your own philosophy about recreation and leisure pursuits and question the value of leisure in your life. Please see the COC catalog for further course descriptions or the Recreation Management website: [http://www.canyons.edu/Departments/REC/](http://www.canyons.edu/Departments/REC/).

**Student Learning Outcome:** Upon completion of the course the student will be able to assess the influence of modern history, politics, culture, and contemporary social trends on recreation and leisure activities and services.

**Upon Completion of the course the student will**

1. Understand the various views of leisure and recreation; differentiate the basic concepts of recreation, play and leisure.
2. Examine the history of recreation and leisure and the emergence of parks, recreation and leisure services.
3. Understand the various personal and societal factors that influence the development of recreation and leisure programs as well as participation in recreation and leisure activities.
4. Recognize the diversification of recreation and leisure services by for-profit businesses, government/public and non-profit agencies.
5. Develop a personal philosophy of recreation and leisure participation, and act as an advocate for recreational resources and the natural environment.

**Course Assignments Overview:**

The assignments will assist you to integrate the information presented in the course materials. Carefully read the description, instructions and deadline for each assignment. Contact me in a timely manner for clarification of assignments. I cannot accept assignment beyond the posted deadlines. The discussion board posts, assignments and quizzes are due on Sunday nights.
Quizzes/ Worksheets: There are quizzes or worksheets during the semester. The quizzes or worksheets are a useful tool to assist you to stay on task with the reading assignments and to evaluate your comprehension of the information. It is important that you stay abreast of the reading assignments to successfully complete the quizzes by the deadlines. The Final Exam is short essay and is cumulative.

Discussion Board/Blogs: The use of the Discussion Board is integral to the success of the course. Read the materials the week before the discussion item opens. Create your post prior to reading your classmates posts. The posts to the discussion board must be relevant; you must demonstrate you are familiar with the reading assignments as well as your classmates’ posts. You do not have to participate in every discussion board but you cannot successfully pass the course without participation in the discussion board.

Assignment Time Line: Students will develop a timeline representation of the Public Recreation Movement. You will use the information provided in the text, “external links” on the main course menu or conduct your own web search to create a time line.

Assignment Leisure Motivation Questionnaire (LMQ): Students will use a questionnaire to assist them to begin to evaluate their own motivations towards leisure experiences. After taking the LMQ, Students will address their motivations in a short paper.

Assignment Social Functions of Community Recreation: This assignment provides the student with the opportunity to evaluate the social functions of community recreation and understand how the recreational needs of a community are assessed.

Assignment Specialized Leisure Service Areas: Students will have the opportunity to search the Internet for an organization/body or business, profit or non-profit which focuses on specialized leisure services.

Assignment Dream Job: Search the Internet for an actual currently advertised professional job that resembles your dream job in the recreation and leisure field. Discuss why this is your dream job and how it relates to your philosophy of recreation.

If you have any questions or concerns, please feel free to contact me.

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