Welcome and Orientation Letter

Dear Student,

Welcome to KPET 213A: Practicum in Sports Medicine – Lower Extremity. My name is Sarah Ehrsam. I am a certified athletic trainer and work full-time for the College as an athletic trainer. I also teach some of the classes offered in our Sports Medicine degree. My office is located in the East PE building in room 003. All of my other contact information is below.

This class is one of 3 classes offered in Practicum in Sports Medicine. The purpose of this series is to give the student a more in-depth understanding of specific orthopedic and traumatic injuries common to the athletic population. Successful completion of all 3 classes will equip the student to prevent, assess, diagnose, provide acute care, and then develop a rehabilitation protocol for the more common injuries of the upper extremity, lower extremity and then general medical conditions and traumatic injuries. These classes are a step beyond basic introduction and will help prepare the student for transfer to a 4-year program or to work in a physical therapy clinic as an aide.

As noted in the class schedule, this class is a hybrid class. All lecture will be provided on-line via Blackboard. It is imperative that you login to Blackboard at least 1 week before the semester officially begins to see what assignments will be due when. The things taught during lecture and required in the worksheets will and should direct your lab hours here in the athletic training clinic. The field of Sports Medicine is a hands-on profession that requires the ability to take what you have learned in the classroom and apply it on actual patients. If you do not stay up on lecture material and worksheets you will fall behind in lab and your grade at the end of the semester will reflect this. Most assignments will be due by 12 noon every Friday. If there is an unusual submission deadline I will be sure to create an announcement to inform you of this change as soon as possible. The course syllabus along with all assignments due will be posted on Blackboard. If there are any questions regarding assignments and due dates please feel free to email me, call me or stop by my office.

Lab hours for this class are slightly unique. Although the course schedule says that lab hours are on Saturday from 8:00-12:25pm, our lab hours change according to the practice and game schedules of the teams in season. 3 hours of lab are required every week. These hours can be completed M-F between the hours of 10am & 7pm. I will schedule your weekly lab hours around your availability that you submit to me. One of your first assignments will be to submit your availability along with your choice of what games you would like to work so I can set the schedule for the semester and you can begin immediately on your hours. More information regarding these lab hours will be available in the syllabus and on the actual hours submission assignment.

I am looking forward to a great semester of teaching you how to become efficient and competent clinicians.

Sincerely,

Sarah Ehrsam, MA, ATC
Athletic Trainer
Professor of Kinesiology/Sports Medicine
College of the Canyons
O: 661-362-3377
E: sarah.ehrsam@canyons.edu