

Protect yourself from...

# The H1N1 (Swine Flu)!

- Wash your hands often
- Don't touch your nose and mouth
- Know the symptoms and what to do

More info: [www.cdc.gov](http://www.cdc.gov)  
[www.canyons.edu](http://www.canyons.edu)



# I WANT YOU!

You may have the H1N1 flu if you have some or all of these symptoms:

- fever
- cough
- sore throat
- runny or stuffy nose
- body aches
- headache
- chills
- fatigue
- sometimes diarrhea and vomiting

To know the symptoms of

# H1N1

