VALENCIA CAMPUS SPRING AND FALL SEMESTER HOURS

MONDAY
8:30 AM- 6:00 PM

TUESDAY
8:30 AM- 4:30 PM

WEDNESDAY
8:30 AM- 4:30 PM

THURSDAY
8:30 AM- 6:00 PM

FRIDAY
8:30 AM- 12:30 PM
CLINICAL SERVICES

All services are completely confidential (with special legal exceptions).

Most services are FREE.

• Confidential HIV testing (results in one week) *
• Blood pressure checks
• Blood glucose and cholesterol screenings*
• First aid
• Men’s & Women’s Clinic
  • Birth control and emergency contraceptive pills*
  • Condoms*
  • Depo-provera*
  • Family planning information and counseling
  • Pregnancy test*
  • Pap test *
  • STD screening
• Mental health counseling
• Nutrition counseling
• Prescription medication*
• Referrals to specialists and health agencies
• Self Help Center (non prescription medication)
• TB skin tests*
• Treatment of short term illnesses
• Vaccinations * (May be free if eligible for vaccines for children)
• Smoking cessation help

* Small charge for these services
Student Health and Wellness Center
Canyon Country Campus | Quad 1B

Hours for fall & spring semester are:
Tuesday and Wednesday 10am -1pm & 2:30pm-5pm
(661)362-3812
For all appointments, please call the Valencia Office:
(661)362-3259

Services offered:
• First aid
• Blood Pressure Checks
• STD Testing(on a limited basis)
• Self Help Center(over the counter medication)
• Referrals to Specialists and other Health Agencies
• Health Education
• Pregnancy tests
• Health Assessments
• Family Planning Information for Women and Men
• Assistance Applying for Medi-Cal/ Family PACT/Health Insurance
• Smoking cessation services
<table>
<thead>
<tr>
<th>December</th>
<th><a href="mailto:Audrey.Burgdorfer@canyons.edu">Audrey.Burgdorfer@canyons.edu</a></th>
<th>World AIDS Day - STD awareness and prevention. Outreach table. In front of Student Health and Wellness Center. Valencia Campus. -12/1 12:00 p.m. - 1:00 p.m. Stress Tips for Finals. Valencia Campus. Thursday December 4, 2014 at the TLC 1:30=2:30 pm.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><a href="mailto:Audrey.Burgdorfer@canyons.edu">Audrey.Burgdorfer@canyons.edu</a></td>
<td><a href="mailto:Larry.Schallert@canyons.edu">Larry.Schallert@canyons.edu</a></td>
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<tr>
<td>Spring Semester</td>
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<tr>
<td>February</td>
<td><a href="mailto:Sheri.Barke@canyons.edu">Sheri.Barke@canyons.edu</a></td>
<td>Eating disorders</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Audrey.Burgdorfer@canyons.edu">Audrey.Burgdorfer@canyons.edu</a></td>
<td>Sex, Love, &amp; Relationships</td>
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<tr>
<td>March</td>
<td><a href="mailto:Rhonda.Hyatt@canyons.edu">Rhonda.Hyatt@canyons.edu</a></td>
<td>Sleep</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Audrey.Burgdorfer@canyons.edu">Audrey.Burgdorfer@canyons.edu</a></td>
<td>Sex, Alcohol &amp; Safety (Spring Break)</td>
</tr>
<tr>
<td>April</td>
<td><a href="mailto:Sheri.Barke@canyons.edu">Sheri.Barke@canyons.edu</a></td>
<td>Nutrition, Sustainability</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Larry.Schallert@canyons.edu">Larry.Schallert@canyons.edu</a></td>
<td>Sports Psychology</td>
</tr>
<tr>
<td>May</td>
<td><a href="mailto:Larry.Schallert@canyons.edu">Larry.Schallert@canyons.edu</a></td>
<td>Depression &amp; Suicide Prevention</td>
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<td></td>
<td><a href="mailto:Larry.Schallert@canyons.edu">Larry.Schallert@canyons.edu</a></td>
<td>Stress &amp; Healthy Coping</td>
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</tbody>
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