Fall 2013

Body Mind Wellness Seminar Series

Focusing on “Resiliency” & “Life After...”

College of the Canyons, 26455 Rockwell Cyn. Rd., Santa Clarita, CA 91355

THURS., 10/3
11 a.m. - 12 p.m.
STCN-Staff Dining Rm

Life After Domestic Violence
Linda Davies, Executive Director, Domestic Violence Center of SCV

TUES., 10/8
11 a.m. - 12:20 p.m.
STCN-Staff Dining Rm

Life After Incarceration
Former Prison Inmate & Katie Coleman, Adjunct Faculty, COC Sociology

WED., 10/16
11 a.m. - 12 p.m.
STCN-Staff Dining Rm

Life After Loss
Darlene Mininni, PhD, MPH, author of The Emotional ToolKit

THURS., 10/24
2:30 - 3:30 p.m.
ALLH 104

Life After Drugs/Alcohol
Bob Sharits, CATC, Action Family Counseling

TUES., 10/29
11 a.m. - 12:20 p.m.
STCN-Staff Dining Rm

Life After Sex
Audrey Burgdorfer, RN, COC Student Health & Wellness Center
Katie Coleman, Adjunct Faculty, COC Sociology Dept.

THURS., 11/7
2:30 - 3:50 p.m.
PAC

Life After Eating Disorder
Chelsea Roff, Author, Yoga Instructor, and Eating Disorder Survivor

TUES., 11/12
5:30 - 7:30 p.m.
HSLH 101

Life After War
“Least Among Saints” Movie Screening & Discussion
Marty Papazian, Writer/Director

THURS., 11/21
12 - 1:30 p.m.
STCN-Staff Dining Rm

Life After Diagnosis
Lisa DeLong, Co-Founder Justin Time Children’s House
Letty Baldaro, National Alliance for Mental Illness (NAMI)

All seminars are FREE and open to the public. No RSVP necessary. Campus visitors can purchase a day parking permit for $2 from the parking vending machines in lots 15, 13, 8, and 6.