SNAC Constitution
Revised Spring, 2012

Purpose
SNAC is a student group committed to promoting health and wellness on campus and in the community (with a particular focus on promoting healthy eating, physical activity, stress management, and body image). SNAC also provides training and supervised work experience to students interested in nutrition, health, and fitness careers.

Through education, outreach, and environmental action, SNAC aims to…

- Help students eat well, be active, and feel good.
- Empower students to cope with stress in healthy ways.
- Encourage students to set healthy boundaries with food, exercise, rest, school, work, and play to maintain balance.
- Promote health/fitness at every shape and size, rather than being thin/muscular at any cost.
- Create an environment that supports and encourages positive attitudes and healthy lifestyle behaviors.

Article I  Name
SNAC (Student Nutrition & Wellness Advocates at COC)

Article II  Membership

Section 1:
Any person duly registered at College of the Canyons in good standing with the Admissions and Records Office, and fulfilling membership requirements of the organization may be a member.

Section 2:  Membership requirements
- Submit an application form (available on the SNAC website) on or before the 2nd week of the semester for which membership is being sought.
- Make a one semester commitment to work with SNAC.
- Recommended (but not required)—at least one academic course in a health, nutrition, or fitness related field.

Once selected, SNAC members will be expected to…
- Attend a 2-hour orientation meeting during the first week of the semester (mandatory).
- Attend 1-hour business/planning meetings twice per month (only 2 excused absences permitted).
- Complete a minimum of 4 hours per month of health promotion activities (this is in addition to the required meeting times).
- Maintain a healthy balance between school, work, and SNAC responsibilities and personal self care needs (for food, physical activity, sleep, and fun).
Section 3: Nondiscrimination policy
In order to guarantee equal human rights for the student body of College of the Canyons, equal opportunities shall be afforded to all students without regard to race, color, religion, creed, gender, pregnancy, marital affiliation, sexual or affectional orientation, age, ethnic origin, citizenship, nationality, veteran status, or physical disability.

Section 4: Classification

“Official SNAC Members” (aka “Leadership Group”) – Only those students who have successfully applied and been accepted to SNAC at the beginning of each semester, and who are currently meeting all the membership requirements outlined in Section 2, are considered “Official SNAC Members.” NOTE: Students may continue their status as “Official SNAC Members” for an unlimited number of semesters, as long as they continue to meet all membership requirements.

“Friends of SNAC” – Students who have not officially applied and earned acceptance to SNAC at the beginning of the semester, but who are interested in learning more about SNAC or in helping with SNAC activities on a non-regular basis, are considered “Friends of SNAC.” COC faculty/staff, former COC students, as well as other interested community members can also be “Friends of SNAC.”

Section 5: Privileges of membership
All members get the following benefits:
- Training in how to plan and implement health and wellness programs
- Participation in planning and implementing various education, outreach, and environmental action activities including, but not limited to, the following:
  Education Activities
  - SNAC “Positive Student Body” Fitness Walk & other Eating Disorder/Body Image Awareness & Prevention Events (Fall Semester)
  - SNAC “Body-Mind Wellness” (BMW) Fitness Walk & Seminar Series (Spring Semester)
  - SNAC Sports Nutrition Seminars & Student Athlete Training Tables
  Outreach Activities
  - Social marketing via SNAC’s Facebook page
  - Classroom presentations
  - SNAC tables at various campus and community events
  Environmental Action
  - SNAC “Best Bite” and College Community Garden projects to increase the accessibility of healthy food choices on campus.
  - SNAC “Fitness Walk” around campus to help students fit fitness into their busy lives.
  - SNAC “EveryBODY is Beautiful Fashion Show” to challenge superficial, unrealistic, and unhealthy beauty ideals.
- Service units for the Student Development Transcript Program and/or Service Learning
- Mentorship and career guidance from experienced health professionals
- Official SNAC Members are also eligible to hold office/leadership positions.
Article III  Officers and Advisors

Section 1: Officers (aka “Leadership Positions”)  
NOTE—Two or more SNAC members can share the duties of any of these offices as desired.

- President/Chair(s)
- Secretary(s)
- ICC Representative(s)
- Treasurer(s)
- Ad Hoc Committee Chairs (see attached “SNAC Leadership Positions” for complete list)

Section 2: Qualifications for holding office  
All officers must be College of the Canyons students and Official SNAC Members.

Section 3: Length of term for officers  
One semester

Section 4: Duties of officers  
See attached “SNAC Leadership Positions”

Section 5:  
Since multiple students may share the various leadership positions, a vacancy is unlikely. However, if a vacancy should occur, the faculty advisor will ask another SNAC member to volunteer to fulfill these duties.

Section 6: Executive board  
NA

Section 7: Faculty advisor  
In order to be a recognized and chartered club on campus, and therefore able to apply for Associated Student Government funds, it is necessary to have a faculty or staff advisor.

Article IV  Elections

Section 1: Time of elections  
Elections shall occur immediately following the orientation meeting during the first week of each semester. If not all positions are filled at this time, then elections shall continue at the next official business meeting.

Section 2: Election procedures  
Since multiple members can share the duties of these offices, formal elections are not needed. After reviewing the SNAC Leadership positions, members will simply be asked who is willing to serve.
A. Method of nomination – self nomination
B. Method of voting – a simple raise of hands to confirm the appointment of all who volunteer
C. A simple majority (50% + 1) will approve the appointment of all volunteers.
D. Special election procedures – none anticipated

Section 3: Run-off election procedures
NA

Section 4: Recall elections
A petition of 2/3 of the total number of members shall be cause for a recall election. The offense must be in writing and submitted by a member. A recall election shall be held at the next regular business meeting after presentation of the recall petition and shall be conducted as a special election. Recall will require favorable vote of two-thirds of the total voting membership.

Article V  Meetings

Section 1: The time, date, and place of regular meetings shall be determined by the majority of the membership at the initial orientation meeting of the semester. Typically, meetings are Fridays between 9 and 11 a.m. in STCN 129/ASG Business Meeting Room.

Section 2: Regular meetings will be held twice a month.

Section 3: Special meetings can be called by any SNAC member or the faculty advisor. Members will be notified by email or phone at least 1 week in advance.

Section 4: Quorum (minimum number of voting members who must be present before any official decisions can be made) for regular and special meetings shall be 1/2 of all official SNAC members.

Section 5: Rules for this organization shall be Robert’s Rules of Order.

Article VI  Finances

Section 1: Fiscal/Operating year is July 1 – June 30.

Section 2: There shall be no dues for membership.

Section 3: Usage of funds. Funds will be spent in four areas, 1) SNAC’s Educational Programs, 2) SNAC’s Outreach supplies, 3) SNAC’s Environmental Action projects and materials, and 4) SNAC Member’s Social & Professional Development activities/events.

- Educational Program supplies include, but are not limited to, speaker honorariums, healthy food/beverage samples, Fitness Walk educational materials and incentives (t-shirts, reusable water bottles/shopping bags, etc.)…
• Outreach supplies include, but are not limited to, member t-shirts, pens, brochures, handouts, posters/banners, displays, healthy food/beverage samples...

• Environmental Action Project costs include, but are not limited to, Best Bite promotional supplies (display board, counter-top stands), College Community Garden costs (plot rental fees, gardening supplies), Fitness Walk supplies (signage, brochures), and Fashion Show costs (beauty consultant fees)...

• Social & Professional Development activities/events include, but are not limited to, refreshments at orientation, conference registration fees, end-of-the-semester appreciation lunch...

Article VII Committees

SNAC shall have several ad hoc committees for each of the various educational events, environmental action projects, and other activities that SNAC members choose to plan each semester (see attached listing of possible SNAC Leadership Positions).

Article VIII Amendments

Section 1: Proposed constitutional amendments or changes shall be presented to the organization in writing at least one meeting before it may be voted on.

Section 2: Approval by 2/3 of the voting members present at a regular meeting shall pass a proposed change. The change shall be put into effect immediately unless otherwise stipulated in the amendment.

Section 3: A copy of any alteration to this document must be filed with the Office of Student Development.
Article IX  Ratification and Enactment

Section 1: This constitution shall become the official governing document of the organization, upon ratification by a 2/3 vote of the membership, and approval and acceptance by the Office of Student Development, the Inter Club Council, and the Associated Student Government.

________________________________________________________________________  
Club Organizer  Date

________________________________________________________________________  
Club Advisor  Date

________________________________________________________________________  
A.S.G. Vice President  Date

________________________________________________________________________  
Assistant Dean, Student Development & Retention  Date