The ASG is the representative voice of the students at College of the Canyons. The ASG is also responsible for coordinating social, cultural, educational, and...
April 18
25th Congressional District Candidate Reception & Forum
Tuesday, April 22 at 6:30pm in PDT
University Center - College Of The Canyons in Valencia, California
40 people went
April 14

Just a friendly reminder, the ASG officer application are due development by 5pm! No exceptions.

April 3

Attention all students: ASG officer elections are coming! Can are available in the student development office and must be completed by Monday, April 14. No exceptions! Good luck to 

March 19

Advertising & Marketing Club - adAMAnt & ADCats are havin Kick-off event TONIGHT at the COC Student Center, Rm. 12 them out - there will be FOOD, games and prizes!!!!

February 26

Good morning Cougars! Come by from 9-11 am this mornin student center to get breakfast and support ASG in raising for students to donate a brick pizza oven for the new culinary and food and a drink, see you there!

February 4

COC THEATRE AUDITIONS for Spring Productions!! Monday and Tuesday 2/10 and 2/11 in the BLACK BOX THEA falic at http://www3.canyons.edu/departments/THEATRE/upcoming
Theatre
www3.canyons.edu

THE STORY: Lucy is a four-year-old girl with a very active imagination. Unfortunately, her imaginary friend Mr. Marmalade doesn't have much time for her. Not to mention he beats up his personal assistant, has a cocaine addiction, and a penchant for pornography and very long "marital aids." Larry, he...

College of the Canyons - Associated Student Government
January 23

Hip Hop Club is offering FREE DANCE CLASSES!!
When: 1/23, 1/28, 1/30, 2/6 - doors open at 6pm
Where: Pico Hall rm. 101 - Valencia Campus

College of the Canyons - Associated Student Government
December 19, 2013

Attention Cougars:
Want to be apart of January's display case located in the student center? Comment down below or message us your 2014 New Years Resolutions and look for them on the display case starting January 2nd. Thank You!

College of the Canyons - Associated Student Government
December 5, 2013

Extended Library Hours for finals. Hours at Valencia will be as follows:
Monday, December 2-Thursday, December 5: 8:00 AM-10:00 PM  
Friday, December 6: 8:00 AM-4:30 PM  
Monday, December 9-Wednesday, December 11: 8:00 AM-10:00 PM  
Thursday, December 12: 8:00 AM-8:00 PM  
Friday, December 13: 8:00 AM-4:30 PM

Hours at Canyon Country will be as follows:
... See More

College of the Canyons - Associated Student Government
November 18, 2013

College of the Canyons - Associated Student Government
November 18, 2013

Like · Comment

College of the Canyons - Associated Student Government

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College of the Canyons - Associated Student Government

Like · Comment · Share

https://www.facebook.com/pages/College-of-the-Canyons-Associated-St...
Come check out our display case in the Student Center (across from the ASG Computer Lab).... we have a dedication wall to all Veterans in honor of Veteran's Day coming up. Very nice sentiments to read, written by some of our COC students....
College of the Canyons - Associated Student Government created an event.
October 24, 2013

Fall Festival & Movie Under the Stars
November 1, 2013 at 5:00pm in PDT
Canyon Country Campus, College of the Canyons in Santa Clarita, California

Volunteers Needed for Halloween maze, contact Enoch Kim at edkim120@gmail.com for more details
October 16, 2013

College of the Canyons - Associated Student Government - Santa Clarita... https://www.facebook.com/pages/College-of-the-Canyons-Associated-St...
Come celebrate Breast Cancer Awareness month by coming to make a flag today and get a free bracelet afterwards from 12-3 today!

Good News Everyone!!!

The library will have EXTENDED hours for the last two weeks of the semester to help students study!!!!!!!

Valencia
Monday, May 20-Thursday, May 23 – 8:00 AM-10:00 PM
Tuesday, May 28-Wednesday, May 29 – 8:00 AM-10:00 PM

The library at Valencia will be open 8-4:30 on Friday, May 24, and 8-8 on Thursday, May 30.

THE VOTES ARE IN!!!!

Congratulations are in order for the new 2013-2014 ASG board members.

Fernando Vasquez - President
Asais Amin - Executive Vice President
Ryan Joslin - Student Trustee
Colette Vartanian - Officer of Marketing & Information
Enoch Kim - Executive Vice President of Activities
Marcos Fernandez - Vice President of Inner Club Council

College of the Canyons students,

Today is the last day to vote for the 2013-2014 ASG officers.
Make your voice heard for who you want to represent you this next academic school year.

See More

**Associated Student Government - Candidates**

www.canyons.edu

President: The President shall serve as Chief Executive Officer and official representative of the Associated Student Government. The President shall also be responsible for all advocacy and legislative issues at the statewide level.
The 15th century English poet Edward Young once called procrastination the “thief of time” and Entrepreneur Victor Kiam called it “opportunity’s assassin.”

“What is Procrastination?”

But what is procrastination actually? How can we recognize procrastination right away before it takes hold of us? COC Students interviewed agree that procrastination can be defined as the delaying or deferring of an action to a later time. Approximately, half of the students at COC we interviewed thought that procrastination can be caused by laziness while the other half attributed it to poor time management and distractions.

Laziness can be considered the lack of will to complete your assignment, or flat-out boredom with the task. Tips to conquer laziness in your college life can also help you in other facets of your life. Firstly, motivation can come from your loved ones, friends, or even your dreams for the future. It is important not to forget the purpose of your time and effort. Another way of defeating our own laziness might be to reward yourself when completing an assignment. If you must up the effort to work on an assignment for a period of time, feel good about it and then reward yourself. If you know a coffee and cookie break is waiting for you when you are finished doing something tedious, you will be inspired to get it done.

While 50% of those interviewed blamed procrastination temptation on laziness, others pointed to poor time management and external distractions as the true danger. Time management is defi-
Procrastination

Reluctantly one of the keys to success if you want to defeat procrastination. Plan ahead in order to make time in your busy schedule to get work done, even if it means making the choice to study instead of going to the club on Friday night. Perhaps, separating your study time over different days and at times that are convenient for studying is one way of better managing your time.

Moreover, those interviewed on campus labeled some familiar distractions such as television, online communities (i.e. facebook), video games, and hanging out with friends as the most common way to waste time. Those interviewed on campus labeled some familiar distractions such as television, online communities (i.e. facebook), video games, and hanging out with friends as the most common. Why are distractions bad? Those distractions ultimately will infringe upon your study time and get used to putting things off.

One way to rid of online distractions are to simply turn off the internet altogether (unless needed for research). Checking one facebook status can turn into hours of talking to friends of friends. Turn off the television and as well as other forms of interruptions. Statistics about procrastination conducted by Steel, a human resources professor at the University of Calgary's Haskayne School of Business, reported that approximately 95% of students procrastinate, while between 15%-20% are chronic offenders. That is a remarkable number and truly shows how everyone procrastinates and that you are not alone!

So do not feel bad about it, simply motivate yourself out of laziness, give yourself rewards, and plan ahead, making time to get things done. Turn off the electronics, and just say no to them during your study time. It will pay off in the long run, and ultimately you can combat procrastination by practicing a few of these helpful tips.

For more help with procrastination, check out the Procrastination Workshop that can be accessed in the TLC Lab in Bonelli Hall 209. Phone Number: (661)362-3349
1. **Review the material, and then take a nap.** When you sleep, your brain keeps processing the information it most recently encountered. If you sleep right after reviewing test material it will stick to your synapses much better. The best naps are 10 minutes long, but remember to add roughly 15 minutes to your nap, as that is the average amount of time it takes for a person to actually get to sleep.

2. **Just** before the test, **pop in a piece of peppermint gum or candy.** Studies show that the smell of peppermint enhances focus and effectively boosts test scores.

3. **Grab a pencil and write down every last worry in your head,** related to the exam or not. There is considerable evidence showing that test anxiety can be conquered, in part, by solidifying your worries on paper—making them easier to process and preventing them from blocking the information you need. Why a pencil? Holding a pencil has been proven to help generate ideas. Consider using a pencil for every exam, scantron or bluebook.

4. **While** you're at it, **write down every wonderful quality you can think of about yourself.** Remind yourself how smart you are! Reassure your worried brain that you are capable and ready to tackle this, or any obstacle. Once again, studies indicate that test scores have just as much to do with **how well you think you will do,** as they do with IQ. **Clear your mind.** Take at least 60 seconds to meditate. During this time, don't think about anything at all. Just relax. Mediation has been shown to increase test scores in children and adults. Consider working meditation into your daily routine to reap the many other benefits it can bring!

5. **Create mnemonic devices.** If you ask any musician what the notes on a musical staff are, they will probably teach you the common mnemonic device, "Every Good Boy Does Fine." Take advantage of tricks like this to help memorize chunks of information that are connected in some way.

6. **Getting stuck? Try Doodling** to help lubricate your grinding circuits. If you're still having trouble, **try crossing your arms.** This simple postural exercise has been shown to increase our ability to solve tough puzzles.

Remember, great power comes with great responsibility, so be sure to use your new found brain hacking skills for the betterment of mankind, or at least for the betterment of your transcript.
**Top 10 Student Websites**

By Nir Hazon

1. **Calcoolate:** Having a hard time with math without an expensive calculator? Calcoolate will solve your problems. This is a web based scientific calculator with that includes conversion functionality. [Link: www.calcoolate.com]

2. **Open library:** Open Library is a non-profit internet archive. Its an extensive book cover resource, featuring over 23 million books available in various languages. You can find full length books and flip page by page right from your web browser! [Link: www.openlibrary.com]

3. **Slideserve:** Do you need to make a powerpoint presentation for your class? Through Slideserve you can search through presentations other students have made and use them as reference! [Link: www.slideserve.com]

4. **Google Documents.** This tool is helpful because you can save you work and access online later from any computer. It also allows you to edit text documents, forms, spreadsheets, and powerpoint presentations. This works great for those who do not have microsoft office programs at home. [Link: documents.google.com]

5. **EasyBib.** Do you ever find yourself confused or frustrated when trying to make your works cited page in MLA or APA format? You can simply plug in the information of your sources and receive a correctly formatted citation. [Link: www.easybib.com]

6. **Rate my Professors.** Rate my professor is a resource that provides reviews of professors written by students. Want to know what the professor you might be taking is like? Make sure to look here before making your decision. [Link: www.ratemyprofessors.com]

7. **Assist.** Your counselor has probably recommended this site to you in the past. This website provides necessary requirements to transfer and/or get accepted to a university. [Link: www.assist.org]

8. **Britannica.** Need to research information? Britannica is a large encyclopedia with plenty of information on various subjects. [Link: www.britannica.com]

9. **The Owl.** Purdue University's Online Writing Lab (OWL) is a great resource for student writers who want to learn more about writing mechanics, formatting, outlining and avoiding plagiarism. [Link: owl.english.purdue.edu]

10. **Khan Academy.** This website offers an extensive collection of learning videos and exercises to help people learn. The best thing about this site is that it's all free. This is definitely worth checking out. [Link: www.khanacademy.org]
Board of Trustees Elections

By Sylvia Duzaryan

On October 12, 2011 the Board of Trustees Forum was held on the Valencia Campus. What is a Board of Trustee? A Board of Trustee is a panel of appointed community members who set the policies of organization for the school and have the power to hire or fire any working personnel on campus. The Board also has the authority to approve any financial activity as well as any other formal decisions regarding COC. Right now there are 2 seats up for grabs, out of a total of 5, for Board of Trustee. The professionals who are hoping to snag one of the 2 seats are, Bruce Fortine, Diana Shaw, Patrick Hill, and Scott Wilk. Fortine and Shaw are running for Seat 4 and Wilk and Hill are competing for Seat 5. The elections will be held on November 8th and until then these four will be doing all they can to get the vote of the students and staff of COC as well as the surrounding community. Yes, YOU THE STUDENT, can take part in electing the most influential people in COC. So come November 8th do some research and make sure you are eligible to vote! Voting will take place at your local community polling place. If you live in the Santa Clarita Valley then you may have already received information about the elections in the mail. Do your part and let your voice be heard!

Bruce Fortine  Scott Wilk  Diana Shaw  Patrick Hill

VOTER REGISTRATION EVENT!

By Garen Bostonian, Director of Clubs and Organizations

Everybody has their opinions, and what better way to voice your opinions than through the voting process. Come join the Political Science club from Monday, November 7th, to Thursday, November 10th, where we will be hosting a Voter Registration Drive. We will be located at the Seco Alcove and at the Flag Pole. In less than 10 minutes, you could become a registered voter and start to make a difference in your neighborhood. From local issues such as re-electing board members, to electing the president of the United States, voting is one of the most direct methods of becoming involved. Your participation will not only support the Political Science Club, but also your community. And remember, every vote counts!
California Dream Act

By Michael Kramer Vice President of Activities, Canyon Country Campus

For many years people who were undocumented immigrants were only eligible to attend traditional K-12 schools. If they wanted to try and further their education in a community college or a university they were not able to get funding to attend the schools. So they were stuck and could not get a higher degree.

On October 8, 2011 Governor Brown signed a new bill into law, The California Dream Act, which California students who are undocumented immigrants will qualify for state-funded financial aid to attend college. It gives students who want to become American citizens and have high goals for their future the opportunity to attend college no matter what their immigration status is.

Beginning on January 1, 2013 undocumented immigrants who are accepted by state universities may receive college assistance like grants for students who will attend Universities of California and California State Universities. Also they would be eligible to receive fee waivers for community colleges like College of the Canyons.

There are guidelines set forth in order for the students to receive any of the benefits. First they must graduate from a California high school. They must have attended high school in the state of California for a minimum of three years, and they must show proof they are in the process of trying to legalize their immigration statues.

The California Department of Finance estimates that about 2,500 new students will be able to qualify for Cal Grants, which would impact the Cal Grants fund about 1%. Governor Brown’s signature was a fulfillment of one of his campaign promises in which he stated, “Going to college is a dream that promises intellectual excitement and creative thinking. The Dream Act benefits us all by giving top students a chance to improve their lives and the lives of all of us.”

Breast Cancer Awareness Month

By Ravenea Gill, Executive Vice President of Activities

Every October College of the Canyons brings Breast Cancer Awareness to the students. About 1 in 8 U.S. females will develop invasive breast cancer over the course of her lifetime. Breast cancer death rates are higher than those for any other cancer, besides lung cancer. The risk of breast cancer doubles if she has a first-degree relative (mother, sister, and daughter) who has been diagnosed with breast cancer. Breast cancer is not only common in women but in men too. In men, about 1 in 10 breast cancers are believed to be due to BRCA2 mutations, and even fewer cases to BRCA1 mutations. Some common signs are a change in how the breast feels. You may notice a lump or thickening in or near the breast or in the underarm area. A change the how the breast looks, this could mean a change in the size or shape of the breast. There are many different ways of self check exams; you can check yourself in the shower, in front of the mirror, or lying down. Taking a few minutes to do a breast self-exam a minimum of once a month can make a lifetime of difference. 70 percent of all cancers are found through self-exams. Breast cancer is a big deal and should be taken very seriously if you have any questions or need some assistance call your doctor or visit the nurse at the College of the Canyons health center located in the student center.
Halloween at COC
By Madelyn Capistrano
Halloween is a holiday that commemorates the annual celebration of All Hallows Eve dated back to the sixteenth century. Halloween originated from Samhain (pronounced sah-win); an ancient Celtic festival in Gaelic culture. At the end of the Harvest season celebration, October 31, the Gaels believed that boundaries were crossed between the living and the dead. Spirits came back to life and caused disease and damaged crops. During the celebration, people would dress up in costumes to ward off any dangerous spirits. However, our traditions for Halloween have changed since the sixteenth century. Everyone still participates in the Halloween festivities by dressing up in costumes, holding parties, and watching horror movies, this time, for pure excitement and fun. As a great way of contributing to the Halloween traditions, College of the Canyons hosted The Rocky Horror Picture Show event on Thursday, October 27. The Rocky Horror Picture Show is a 1975 film based on the British rock musical stage play, The Rocky Horror Show. The film, written by Richard O’Brien, is a parody of B-Movie, Science Fiction, and horror films from the 1940s through the 1970s. It still holds the longest-running theatrical release in film history since its premiere 36 years ago. The Rocky Horror Picture Show was held in the cafeteria where students gathered and dressed up in various costumes. The night featured a screening of the Rocky Horror Picture Show film with a cast from Sins O’ the Flesh who reenacted the play simultaneously. After the movie was over, a contest was held for the most creative costume where the winner received free movie tickets. From then on, everyone continued to enjoy the social environment with free food, a photo booth, and music. Overall, the event came to be an energetic, social, exciting, and fun celebration for everyone.

Zach’s Flavor Fav’s
By Zach Mendoza, Social Student Involvement Coordinator
Hey guys! This time around I am going to introduce you to some Vietnamese Food. I recently stopped by Pho Viet: Vietnamese Cuisine and they displayed a great amount of flavor in their food while offering a big and generous serving for their price. If you have never been to a Vietnamese restaurant I would recommend you to order Pho. Pho is a noodle soup that can be served with or without bean sprouts, basil, or jalapeño slices and a choice of many different kinds of meat. You can choose a combination of thinly sliced steak, brisket, meat balls, shrimp, crab, squid, seafood, or fish balls to your Pho order. Also, for vegetarians, they offer a vegetable and tofu version of their Pho. My favorite thing on the menu is #38 Pho Ap Chao. It’s a large serving of their specialty seafood Pho, vegetables, egg, and home made sauce over their panfried noodles. This is enough food for two to three people to share and will leave everyone feeling full and satisfied. This restaurant also offers a great amount of rice dishes that are served with a side of chicken, shrimp or whatever you may be craving at the time. Pho Viet is located at 18741 Soledad Canyon Rd., Santa Clarita, CA 91351. They are open 7 days a week, 10 A.M. to 9 P.M. Monday thru Saturday and 11 A.M. to 8:30 P.M. on Sundays. If you’re looking for something different from your average burger and fries stop by Pho Viet: Vietnamese Cuisine! Cheers and Good Eats!
ASG INTERVIEWS

BY NIR HAZON
Photo's By Cory Wong

Joanna Adrianna Vargas
1. Q: What is your position?
   A: Canyon Country Campus Representative
2. Q: What do you do in ASG?
   A: Plan events for Canyon Country & listen to student complains and try to fix things
3. Q: Why is ASG important to you?
   A: "Before me and Mike there was no one representing CCC... we bring student life to CCC"
4. Q: Major/Future Plans
   A: Biology (Pre-med), Wants to be a reconstructive surgeon, or a surgeon for the military.
5. Fun Facts
   - Born in Peru
   - Married
   - "Addicted to the Beatles"
   - Loves painting

Nick Onyshko
1. Q: What is your position?
   A: Student Trustee, 2nd Term
2. Q: What are your responsibilities in ASG
   A: Advocating for and representing the student population to the Board of Trustees as well as the Chancellor, who are the most important bodies in COC
3. Q: Why is ASG important to you?
   A: Feels that it is important for students to have a voice in the college and is proud that his position allows him to be that voice when it comes to important decisions and matters
4. Q: What is your Major, Future Plans, and Career Aspirations?
   Major: Political Science, with emphasis on International Relations
   Future Plans: Transfer to American University in Washington DC
   Career: Aspiring politician
5. Fun Facts:
   - Was Student Body President at Frazier Mountain High School
   - Loves to go to the beach
   - Loves to travel
   - Wants to be President of the U.S.
Kony 2012
By Taylor Bub

Nothing is more powerful than an idea. Many of us have heard about Kony 2012, but not a lot of people know what the movement is about. Joseph Kony is the leader of the Lord’s Resistance Army (L.R.A.), which has reportedly kidnapped children by the thousands, turning the girls into sex slaves, boys into child soldiers, and brutalizing the civilian population.

On March 5, 2012, Invisible Children Inc. uploaded a video to Youtube titled Kony 2012, which went viral. With over 85 million views, the thirty-minute video, showing powerful images of children being forced into the L.R.A., provides information about Joseph Kony and the crimes he has committed. The video urges everyone to take action, by both donating to Invisible Children Inc., and by spreading the word about Joseph Kony to help get him captured and tried for his crimes. The video features inspiring images of people coming together to show their support against Kony and the L.R.A. While the Kony movement is growing on a national scale, many people believe that the Invisible Children Inc. is only in it for profit. Some believe the video is a part of a scam to get naïve people to donate money to what they think is a good cause. It has been shown that only 32% of the money that is donated to Invisible Children Inc. actually goes to helping those in Africa, while the other 68% goes to paying for making the video, support bracelets advertised in the video, and the salaries of those employed by the corporation. The Kony movement is not only an important international movement, but it is also closely connected to College of the Canyons. A current COC student named Chris, who prefers not to give
his last name, enlisted in the United States Army in January of 2004. His unit was assigned to teach and train around 1000 Ugandan college graduates, who would help to strengthen the Ugandan army. “Together,” Chris explained, “our mission was to basically help the Ugandan people build their own army, so that they would be able to create a more peaceful environment in their country.” Chris’s unit provided service to both assist in tracking and capturing Kony and to provide security and stability for the people living in Uganda.

Invisible Children Inc. calls us to take action on April 20, 2012. That night, while the rest of the world goes to sleep, those who decide to participate will go out and “cover the night” with posters, stickers and banners, all with Kony’s name on them. These items can be obtained through the Invisible Children Inc. website by either printing them out from templates or by buying the action kit.

To find out more about the Invisible Children Inc., you can visit their website at www.invisiblechildren.com, and you can watch the video at www.kony2012.com or by searching Kony 2012 on Youtube.

National Women’s History Month
By Madelyn Capistrano

National women’s history month honors the many achievements of women since 1978. A recent interview with Professor Connie Tripp expressed her devotion to history and acknowledged the principle behind the celebration of women’s history. She is a part of the history department here at College of the Canyons and teaches History 120; the role of women in history of the United States. According to Connie Tripp, “women, like men, have exhibited great patriotism and have worked bravely on the home front during war” she said. “This year, the focus is on education which got the ball rolling”. It was not until the 19th century that education opened up for women which heightened the importance of the movement because women are now earning more than half of all Bachelor’s degrees, Masters, and PHD’S. Professor Tripp believes the effort is growing with an increase in number of students taking women’s history; especially, more men students. However, she believes that women’s history does not get enough visibility and other history classes should emphasize on the topic a little more.

The upcoming Canyons Women’s Conference event showcases the National Women’s History month on March 17th. The women’s conference presents inspirational support and resources for women who are experiencing important transitions in their lives. Schedules of sessions for this event are listed on the Canyons website. Take the time this month to honor the prominent women who have changed perceptions and policies over the course of history because they helped set the high principles that women, today, continue to raise.
Basketball &
The Madness In March
By Jerome Gamboa

"March Madness," as many people call it, is the informal term used to describe the NCAA Men's Division I Basketball Championship. It is also well known as the "Big Dance," and is a single-elimination tournament held every Spring which features 68 college Basketball teams. The tournament was created in 1939 by the National Association of Basketball Coaches, and was organized soon after by the National Collegiate Athletic Association (NCAA). The tournament includes champions from 31 Division I Conferences, and these teams are awarded "automatic bids" which guarantee the team a spot to play in the tournament. 37 other teams are awarded "at-large berths" and are chosen by a selection committee of the NCAA. Out of these 37 teams, the 8 lowest seeded teams compete in an initial game to determine which 4 teams will make it to the tournament. After this has been decided, 64 teams remain; 31 Conference Champions, and 33 "at-large" teams. The tournament takes place over the course of three weeks with each weekend cutting three-fourths (75%) of the teams. Week one will represent the "Round of 64," week two is known as the "Sweet Sixteen," and the third and final week will showcase the "Final Four." This usually takes place in one destination, on the first weekend of April, where the 4 final teams battle it out for the national championship.

This year's 2012 NCAA tournament was definitely an exciting one. For the first time in tournament history, two #2 seeds (Duke and Missouri) were beaten and knocked out of the tournament by #15 seeds (Lehigh and Norfolk State) in the Round of 64. Also, for the first time ever, all four teams from the state of Ohio (Cincinnati, Ohio, Xavier, Ohio State) made it to the Sweet 16. The "Final Four" teams in the National Semifinals were Kentucky, Louisville, Ohio State, and Kansas. Kentucky proceeded to win against Louisville, and Kansas defeated Ohio State in a close game winning only by 2 points. This set up the National Finals where Kentucky and Kansas would battle it out for the championship. On April 2nd, at the Mercedes-Benz Superdome in New Orleans, Kentucky reigned supreme and defeated Kansas by 8 points (the score was 67 to 59). This victory earned Kentucky their 8th NCAA title and crowned them as the 2012 NCAA champions.

The game of Basketball can be filled with so much thrill, emotion, and excitement. Whether you like to play the sport, watch the sport, or simply want to enjoy the experience of filling out your first bracket, March Madness presents millions of fans with the opportunity to enjoy the non-stop action of college basketball for three weeks. It is a time when students at Universities and Colleges come together to root for their school; a time when those students can put their differences aside and stand as one, fighting for the same purpose: to support their team and win the national championship. March Madness is the time when old rivalries are revisited and families come together to cheer for their favorite schools and alma matter. When all is said and done, however, only one team will stand. And for one year, one team will have the bragging rights to call themselves the national champs.
COC LEADERS MARCH ON CAPITOL

On Monday March 5th a group of student government officers from College of the Canyons traveled to Sacramento for the annual March-in-March education rally. The student leaders of COC joined thousands of students from around the state at Rally Field, which is just blocks from the state capitol building. Those present represented every race, ethnicity, socioeconomic class, and age group, and although these students had come from all parts of the state of California, they were all united under the same message of asking the state legislature to “Stop the cuts to higher education.” Waving signs, holding banners, and wearing shirts with embroidered phrases, the diverse group of 10,000+ California college students marched on the capitol, letting the politicians in Sacramento know that the status quo of student fee increases, fewer offered classes, and midyear budget cuts to community colleges is proving to be detrimental to California’s system of higher education.

Upon arriving at the Capitol, the Student Government officers from College of the Canyons parted from their fellow classmates from around the state and entered the capitol building to speak face-to-face with local legislators to inform them about the impact of the state budget on the students of COC. Meeting with the staffs of local legislators allowed the COC advocates to give the student perspective of what it is like to live through the burdens that the state budget imposes on community college students. Hopefully advocacy efforts such as this will allow policy makers in Sacramento to see that their decisions do indeed have an effect on the lives and educational futures of students in Santa Clarita and throughout California.

By Nick Onyshko
By Nir Hazon

Many club came out during Club Rush to promote their club. Here are what a few of those clubs had to say.

<table>
<thead>
<tr>
<th>Club</th>
<th>What is your club about?</th>
<th>Who are you looking to attract?</th>
<th>Why is your club awesome?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grad Club</td>
<td>Inform and help students who want to pursue graduate &amp; medical school options</td>
<td>Future grad school students</td>
<td>Many events and activities. We are the most active club on campus.</td>
</tr>
<tr>
<td>SNAC</td>
<td>Promote exercise &amp; health</td>
<td>everyone</td>
<td>when you feel healthy you feel good</td>
</tr>
<tr>
<td>Video Game Programming</td>
<td>Program games with the programming languages Java and Eclipse</td>
<td>Fellow gamers &amp; programmers</td>
<td>Planning a trip to E3</td>
</tr>
<tr>
<td>CHAMS</td>
<td>Professional health club</td>
<td>Anyone pursuing the medical field</td>
<td>Offer volunteer opportunities</td>
</tr>
<tr>
<td>Student Nurses Association</td>
<td>Volunteer and raise money</td>
<td>students interested in nursing programs</td>
<td>help local community</td>
</tr>
<tr>
<td>Sociology Club</td>
<td>social phenomena</td>
<td>sociology majors</td>
<td>trip to San Diego</td>
</tr>
<tr>
<td>Bible Talk</td>
<td>Open Bible discussion and how it applies to real life</td>
<td>everyone</td>
<td>“God is on our side”</td>
</tr>
<tr>
<td>Political Club</td>
<td>Discuss domestic &amp; international politics as well as elections</td>
<td>anyone interested in politics</td>
<td>Everyone is fair &amp; we are free to give our own opinions on social issues.</td>
</tr>
<tr>
<td>Philosophy Club</td>
<td>Philosophize &amp; discuss various philosophies</td>
<td>Those who have a passion for wisdom. No knowledge required to join.</td>
<td>Sometimes we watch twilight zone episodes &amp; discuss</td>
</tr>
<tr>
<td>History Club</td>
<td>Members give history presentations about topics of interest or birth-country. Expand your knowledge of history.</td>
<td>History majors and all those who understand the importance of studying history</td>
<td>We have trips and Dr. Riffel is awesome!</td>
</tr>
</tbody>
</table>
Thank You Dr. Maloney

By Michael Kramer

Dr. Dena Maloney has been an instrumental part of growth at College of the Canyons for the last decade, including overseeing the opening of the Canyon Country Campus. Sadly, she is leaving COC in order to serve as Superintendent President of Taft Community College, a position she starts in May.

Dr. Maloney started at College of the Canyons in the mid 1990s to link the local business community with the college. Through her efforts and those of her team, the college established a center of applied competitive technologies. After major growth in the program, Dr. Maloney was named Dean of Economic Development.

The next big step was to be named Founding Dean of the Canyon Country Campus, a position she says, “I am very fortunate to have.” She enjoyed the opportunity to take a bigger role at the college and be on the ground floor of something new. Along with a team, which was put together specifically for CCC, who shared a common goal to set up a functioning campus. A group with a pioneering spirit as she stated.

At the CCC she has seen major growth in the five years the campus has been open, from the inaugurating class which seen about 3,400 students to the 5,300 held this past semester. Fall semester was the opening of the first permanent building, the applied technology, which houses the auto tech, solar power, plumbing, and water systems.

We at ASG wish Dr. Dena Maloney the best in her new venture at Taft Community College. We will sorely miss her here at College of the Canyons, and have been very fortunate to her at the college for so many years. Taft is very lucky to have her on board, and we will see many great things come out of there in the next several years with Dr. Maloney leading the way.
The Associated Student Government is an organization on campus that is composed of COC students who work for the betterment of their fellow students' rights and opportunities on campus. There are 16 officer positions that consist of everything from President, who heads the organizations, to Social Student Involvement Coordinator who plans events that have to deal with bringing students together. Each officer plays an intricate role in the organization and together they are the voice of the students. ASG plans many events throughout each semester including, the Welcome Back Barbeque, Cultural Day, Halloween Event, and the ever popular End of the Year Carnival. Aside from events ASG officers are also responsible for making legislative decisions, giving out grants, and taking part in events with the rest of California's Community Colleges. Being in ASG is a very rewarding experience and one that teaches you a great deal about what it takes to be a leader. In order to insure that the best people are chosen for next years board go out and vote for who you want to represent you.

The Officer Positions are:
President
Executive Vice President
Student Trustee
Executive Vice President of Activities
Vice President of ICC
Officer of Marketing and Information
Vice President of Activities (Valencia Campus)
Public Affairs Officer
Cultural Student Involvement Coordinator (2)
Social Student Involvement Coordinator (2)

CCC
Canyon Country Campus Representative
Vice President of Activities
Cultural Student Involvement Coordinator
Social Student Involvement Coordinator

Voting Days:
CCC: Monday, April 30, 2012
Valencia: Tuesday, May 1, 2012
Wednesday, May 2, 2012
ASG OFFICERS

SOCIAL STUDENT INVOLVEMENT COORDINATORS

JOSHUA DANIEL BAGOLOR

ZACHARY MENDOZA

CULTURAL STUDENT INVOLVEMENT COORDINATORS

EKATERINA SULTANOVA

CRISTIAN CARDEÑAS

phone: (661) 600-6273
located: STCN-101

ASG

CONTACT INFO:
Proposition 30 on the Ballot
An Effort to Assuage Budget Cuts

Nir Hazon
Editor-in-Chief

College of the Canyons, along with all California community colleges, has been facing major budget cuts over the last five years. Our college will suffer a $4,631,784 budget cut if Prop 30 does not pass this November. Proposition 30 is on the ballot this election year. If Prop 30 passes, College of the Canyons will not have to suffer this substantial cut in funding.

Where will the money come from? Proposition 30 increases sales and use tax by ¼ of a cent for four years. The increase in tax is temporary and 11% of the tax revenue goes directly to community colleges.

COC’s Associated Student Government supports Proposition 30. The ASG Officers have signed a resolution in support of Prop 30 (Go to page 4)

Campus Email

Beginning this semester, College of the Canyons will be communicating with students through their own personalized COC email addresses. Students will be automatically assigned a campus email address that they will be able to set up through the My Canyons website. The COC student email is necessary because all the important information from COC will be sent to that, and only that, email account. (Including all financial aid and registration communications.) Students will also be able to track their waitlist status and class schedules. Students can follow these steps to activate their My Canyons email:

1. Log on to My Canyons
2. Click on the link labeled “What’s my student email”
3. Once you have clicked on the link, you will be given your email username.
4. After you have the username, go back to the My Canyons homepage and click on the link titled “Student Email”
5. Once you are on the My Canyons email log in webpage, you can put your username and password (the password should be the same as the one used for the My Canyons profile)
6. After you have logged on to your email, you will be able to access any information sent by College of the Canyons such as newsletters or any news from professors.

ASG Candidate Meet and Greet
Meet the Candidates

Alex McHaddad
Student Trustee

On October 2nd and 3rd, ASG hosted a Candidate “Meet and Greet” event at the Canyon Country and Valencia Campuses respectively, where candidates for local and national elections and campaign volunteers talked with students about important issues. On Wednesday, at the Valencia Campus, 8 candidates were present: Jim Gray for Vice President, Lee Rogers for Congress, Star Moffatt for State Senate, Steve Fox for Assembly, Ron Smith for Assembly, Ryan Hubbard (presenting for Scott Wilk for Assembly), Edward Headington for Assembly, and Jackie Lacey for LA District Attorney. Representatives of Todd Zink for Assembly were present at Valencia.
Club Rush

Get Involved on Campus

Giselle Dorgalli, William Perdomo, Brandon Roque
Graphic Artist, Staff Writer, Staff Writer

Are you looking for a club to get involved in? Here at COC, there are a total of 47 different clubs and organizations from which to choose. Clubs are a great way to get involved in campus activities, meet new people who share a common interest, and improve your college transcript. From Hip Hop Club to the Philosophy Club, the Gay Straight Alliance Club and the TED Club, College of the Canyons is bound to have one that will strike your fancy.

<table>
<thead>
<tr>
<th>Club Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>COC Ice Hockey Club</td>
<td>The College of the Canyons Ice hockey team starts their season off against LMU (D2) on 10/5/2012. Come out and cheer the cougars to victory.</td>
</tr>
<tr>
<td>Hands on Earth</td>
<td>Hands on Earth is a club based on environmental awareness and promotes staying healthy.</td>
</tr>
<tr>
<td>Gamma Beta Phi</td>
<td>Gamma Beta Phi is an honor society club requiring a 3.2 GPA and at least 12 units completed at College of the Canyons. This club looks great on transcripts, offers volunteer hours, and focuses on skills such as responsibility and leadership.</td>
</tr>
<tr>
<td>Catholic Forum</td>
<td>The Catholic Forum is a Catholic interest group specializing in information about the Catholic religion.</td>
</tr>
<tr>
<td>COC Honors Club</td>
<td>The COC honors club promotes academic excellence and advanced education. They require a 3.25 GPA and at least 12 units completed at COC.</td>
</tr>
<tr>
<td>Communication Studies Club</td>
<td>The Communication Studies Club focuses on the art of communication in a public and interpersonal setting. This club would be a great choice for any and all students majoring in communication studies, political science, or any liberal art.</td>
</tr>
<tr>
<td>Sociology Club</td>
<td>The Sociology Club is centered on sociology and is community service based providing and education setting for all majors regardless of their major.</td>
</tr>
<tr>
<td>A.S.L.</td>
<td>The A.S.L is the American Sign Language Club. This club promotes awareness in the culture and language of American Sign.</td>
</tr>
<tr>
<td>Political Science Club</td>
<td>The Political Science Club focuses purely on an education background of political awareness and the effects of politics around the world. This club can strengthen debating skills, knowledge of politics, and knowledge of foreign affairs.</td>
</tr>
<tr>
<td>A.M.S.A.</td>
<td>A.M.S.A. is the American Medical Student Association. This club offers many benefits upon joining, including an education focus on the medical field, and discounts in a large number of businesses and associations.</td>
</tr>
<tr>
<td>Biology Club</td>
<td>The Biology Club is a great club for anyone planning on majoring in pre-medical fields, biology, or just looking to learn more about the planet and what affects our everyday lives.</td>
</tr>
<tr>
<td>Chemistry Club</td>
<td>The Chemistry Club should interest science majors and all those who love chemistry. This club conducts experiments, helps students get scholarships, and provides tutoring.</td>
</tr>
<tr>
<td>SNAC</td>
<td>SNAC is a club focusing on staying healthy and active in your everyday life. This club participates in hikes and other activities to keep the members physically active.</td>
</tr>
<tr>
<td>Law Club</td>
<td>The COC law club is affiliated in law, paralegal studies, and sociology, and offers connections and informative lectures.</td>
</tr>
<tr>
<td>The Future Business Leaders of America</td>
<td>The Future Business Leaders of America is a leadership club that is community based, and focuses on supporting and helping the community.</td>
</tr>
<tr>
<td>The Gay Straight Alliance</td>
<td>The Gay Straight Alliance is a new club formed this year. This club focuses on supporting the unity of the gay and straight community by providing a sense of community for all members, striving for equality, and promoting awareness of diversity.</td>
</tr>
<tr>
<td>Phi Theta Kappa</td>
<td>Phi Theta Kappa is an international honor society promoting good academic standing. This club looks great on transcripts and offers many benefits for transferring. Requirements: a 3.5 GPA and 12 units completed at College of the Canyons.</td>
</tr>
<tr>
<td>Alpha Gamma Sigma</td>
<td>Alpha Gamma Sigma is a statewide honor society that hosts both school and community events. This club offers volunteer hours and looks great on a resume. Requires a 3.2 GPA.</td>
</tr>
<tr>
<td>Philosophy Club</td>
<td>This club holds many discussions about philosophical theory and different beliefs within the world. The philosophy club strives for critical thinking and to expand the minds of its members.</td>
</tr>
</tbody>
</table>

To join or learn more about the clubs and organizations listed above go to: http://www.canyons.edu/offices/student_development/clubs/ClubsAndOrgList.asp for the complete list of clubs and organizations.
Easy Opportunities for Jobs and Internships

Career Center Offers Hope for the Jobless
Taylor Bub
Director of Clubs & Organizations

There are a great number of untapped resources available to students at College of the Canyons. One of the most amazing things available to them is our Career Center, located between the Health Center and the ASG Computer Lab. The Career Center receives internships (both paid and unpaid) from many different companies, and fills those internships with COC students. When the Career Center receives an internship that matches a specific degree, they send out emails to students whose major matches that internship. These internships can lead to full-time jobs, and for some people, can turn into a life long career.

Another amazing thing about the Career Center is that it will help students create resumes and prepare for interviews. These services are completely free and are by appointment only. Students can make an appointment by going to the Career Center or by calling a representative at 661-362-3286. The Career Center is open Monday, Tuesday and Thursday from 10am to 5pm, and on Wednesdays from 10am to 7pm. Students can also make appointments on Mondays from 5-7pm. The Career Center has a lot to offer the students at College of the Canyons, and students should take advantage of these amazing opportunities.

Welcome Back Barbeque

ASG Organizes on Campus Festivities
Garen Bostonian
Director of Academic Affairs

Smoke filled the air as the aroma of grilled hamburgers and hotdogs lured in fellow students. Cheers of excitement and happiness could be heard all throughout the campus as students attempted to hula-hoop. Many students paraded through the Honor Grove with cotton candy in their hands and smiles on their faces. But why? This was all because of the Welcome Back Barbeque that the Associated Student Government was hosting for fellow students. With over 20 officers and directors volunteering, the ASG aided in welcoming back all the students to the fall semester, handing out free food, offering prizes at the game booth, and informing students about the endless possibilities that come with joining ASG. The Associated Student Government is an elected student body that works to represent the students of College of the Canyons, as well as advocate for greater support of the college and its students. ASG hosts events all throughout the year, ranging from cultural to social to legislative events. For example, ASG has been hosting a voter registration drive to help students register to vote, as well as informing the public about the major propositions on the ballot, and how they will affect the school. Ultimately, the student government aims to increase student involvement within the college, and hosts these informative and entertaining events to show their passion to support our fellow students. Keep an eye out for ASG events throughout the year, and remember, it’s never too late to apply! Have you turned in your application to be a part of ASG? You can pick up an application from the Student Development Office today!

COC’s Financial Situation

Budget Cuts
Alex McHaddad
Student Trustee

In 2012, our world faces no shortage of problems. Revolutions have plunged the Middle East into chaos, the European economy is in ruins, and the United States is on the threshold of fiscal insolvency. California is facing these same difficulties, from deadly Occupy protests, to soaring unemployment and a multi-billion dollar deficit. With such difficulties, the perilous situation of our own Santa Clarita Valley can be easily overlooked – and that is how both the State and Federal governments are able to trap us in a few desperate situations.

Of these issues, the one most immediately relevant to community college students is California’s financial problems. In the face of a $16 billion deficit, Governor Jerry Brown has been forced to make some difficult choices about California’s finances. While he made cuts to every government agency, public education was hit the hardest. The budget passed by the Legislature over summer calls for $338.6 million in cuts to California Community Colleges, including a $4.6 million cut to College of the Canyons. The State will not be able to continue providing classes for 75,000 students.

However, the governor is making one attempt to mitigate these cuts. Proposition 30, the School and Local Public Safety Protection Act, is a set of temporary tax increases proposed by the governor for the November 6th, 2012 ballot. The act would raise the state sales tax by 0.25% (25 cents for every hundred dollars spent) between 2013-2016. Income taxes will be raised by 1% on families making over $250,000-$300,000 per year, 2% on families making $300,000-$500,000 per year, and 3% for families making over $500,000 per year. With this new revenue, state tax revenue is expected to rise between $2.2-$6.4 billion annually from 2013-2019. California will also be able to afford the addition of 10,000 new community college students.

Unlike many community colleges in California, the budget adopted by the Board of Trustees on Wednesday September 12th, 2012 assumes that Proposition 30 will not pass. While COC is prepared for the worst, consequences of the budget cuts so far include the cancellation of our winter session. Other community colleges, however, will face financial catastrophies this coming year if Proposition 30 is not passed to mitigate budget cuts.
College of the Canyons
Associated Student Government
Resolution of Support of Proposition 30

WHEREAS, California Community Colleges have taken a $809 million dollar cut to their funding the past three years, while trying to educate the largest population of students in higher education;

WHEREAS, California Community Colleges have been forced to turn away as many as 130,000 potential students this past year due to the reduction in course selections;

WHEREAS, California Community Colleges are essential for providing the education to over two million students annually;

WHEREAS, California Community College students have faced several increases in their tuition and fees, nearly doubling in the past two years alone;

WHEREAS, the State of California’s higher education system faces automatic “trigger cuts” of $125 million to the CSU and US system, and $548.5 million to California Community College system if Proposition 30 is not passed by voters;

WHEREAS, if Proposition 30 does not pass, College of the Canyons will be looking at a $4.6 million dollar cut in the 2012-2013 academic year;

WHEREAS, Proposition 30, The Schools and Local Public Safety Protection Act of 2012, would temporarily increase the personal income tax on the State’s wealthiest taxpayers for seven years and increase the sales tax by one-quarter of one percent for four years to generate an estimated $8.5 billion annually;

WHEREAS, the 2012-13 budget plan for the California Community College System adopted by the Legislature and signed by the Governor is conditioned on passage of The Schools and Local Public Safety Protection Act of 2012;

WHEREAS, without The Schools and Local Public Safety Protection Act of 2012 Community Colleges and other segments of education in California are likely to have funding curtailed for years;

WHEREAS, Proposition 30 will enable California’s Community Colleges to restore essential student service programs that were cut by up to 60 percent over the last three years;

ASG Officer Interviews

Name: Michael Kramer
ASG Job Title: President of ASG
Age: 27
Major: History and Pre-law
Goals:
- Continue to fight to provide for the best opportunities for students at COC.
- Working hard towards limiting budget cuts.
- Create an ever-lasting legacy at COC.
Future Career: Lawyer and open up a law firm
Fun Facts:
- Grew up in Seattle
- An avid Seahawks fan
- Great at breakdancing

Name: Natalie Feke
ASG Job Title: Executive Vice President
Age: 19
Major: Political Science
Goals:
- Move to Washington D.C. and graduate from law school.
- Make students feel welcome at COC through great ASG events.
Future Career: Either a diplomat or go into politics.
Fun Facts:
- Only child
- Has a pug named Chloe
- Interned at a Congressman’s office
- Retired competitive cheerleader
Winter Session is Back

Proposition 30 Passed
By: Michael Kramer
ASG President

Though a lot of the nation was excited about the results of the 2012 presidential campaign, many California voters were anxiously awaiting the results on several important propositions. One of the more important propositions, due to its potential effects on education, was Proposition 30. There was a tireless effort from student leaders around the state to help bring awareness to the importance of Prop. 30. Here at College of the Canyons, you might have seen the Prop. 30 information table or heard one of the informational classroom speeches done by members of the Associated Student Government. Prop. 30 passed with 54 percent of California voters in favor of it.

As a result of its passage, California avoids having to reduce funding to education programs in 2012-13. College of the Canyons will NOT be facing $4.6 million in cuts to its funding. COC planned ahead this year when creating its budget with the possibility that cuts would be implemented. The idea was to plan for the worst-case scenario so there would not be any effects to the academic calendar. Now that everyone knows we do not have to have these extra cuts, College of the Canyons can now add that $4.6 million back into the 2012-2013 budget.

Most students should have noticed that COC has reestablished the winter intersession for this academic year. This is a direct result of Prop. 30 passing. The college added 100 sections for the intersession. All the classes are low-level general education classes, but those are the type of classes that always have the highest amount of waitlists. The courses being offered are "core" classes that students need to graduate or transfer to four year universities. Winter intersession will provide class spaces for approximately 3,500 students.

The college is also looking to add additional classes for the spring and summer semesters. This is a cause of celebration for students here at College of the Canyons and all educational institutes around the State of California.

This election year, more than 650,000 California residents from the age of 18-29 registered to vote. These new young voters were the difference in making Proposition 30 pass. The people in Sacramento have heard the voice of the younger generation. Hopefully, more young voters will stay interested in making sure their voices are heard so that educational resources can revert to the levels they once were in 2008.

Even though Proposition 30 is not a permanent fixture for the budget of California, it does help stop more cuts from happening. Now the students, the faculty, and the administration can start to work and build towards the future and help create a stronger California.

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The Simple Joy of Giving

ASG Toy and Food Drive
By: Valerie Tran
ASG V.P. of Activities

The holidays are quickly approaching which means it is the time for giving! The College of the Canyons Associated Student Government has planned a toy and food drive that will begin on Monday, November 19, 2012 and go on until Thursday, December 6, 2012.

During this time, students and faculty can drop off their new and unwrapped toys in one of the donation boxes located on many parts of the Valencia campus. Next to the toy donation boxes, there will also be a separate box for students to donate canned foods. The canned foods that are collected from the food drive will be donated to the Single Mothers Outreach of Santa Clarita program and the SCV Food Pantry. This food will help provide families with meals that they can eat during the holiday season. The toys collected will be donated to local churches in the Santa Clarita Valley to ensure that they are given to a loving home right here in our own community!

Students can drop off their donations to one of the many locations on the Valencia Campus: the Administration Building, the Library, the TLC lab, MESA, the Bookstore, the Student Center, or the ASG office. Those that donate a toy can attach a piece of paper with their name and student ID so that they can be entered in a raffle to win movie tickets!

Along with movie tickets, ASG will be holding a contest among the faculty departments and the clubs on campus. The faculty department or the club that brings in the most donations will win a pizza party hosted by ASG! Just think of how rewarding it would feel to know that a simple donation you made turned someone’s holiday spirit around!
The New TLC Lab Opens

What’s New?

By: Laor Glukhovsky
Staff Writer

Students this fall semester will be pleased to find that this year, the new TLC Lab has opened adjacent to the library. It has been relocated from its old location on the second floor of Bonelli Hall and is now substantially larger. There are now 150 brand new computers, up from the previous 48.

Some of the advantages that are available to students include free facilities, consisting of free computers, tutors, and group study sessions in which students can work with one another. Other advantages include special study and testing rooms that can accommodate more than 60 students each and ensure a quiet atmosphere. New features also include conference rooms and eight rooms fitted with Polyvision SMART technology and a room with Lecture Capture and Educast.

Free tutoring is available to all current COC students, mainly for the fields of math and English, but also for a variety of fields such as physics, chemistry, accounting, biology and many others that can be accessed through computers. Students have the ability to check out hundreds of books, a very important aspect in understanding the material of their respective classes.

The TLC provides an almost infinite amount of benefits. It supports students, so they are able to complete assignments successfully. The good learning community includes collaboration between students, which results in better grades. The ability to make up exams in the TLC is also an important aspect. However, it seems that the supplemental learning activities provide the most benefits to students. However, that does not go without mention that everything the TLC does can be a benefit to any student attending COC. According to Mojdeh Mahn, supervisor of the TLC, “the TLC is the focal point of academic success.”

In order to become a tutor at the TLC, a student must be recommended by the faculty and achieve an A in the discipline. Also, a GPA of 2.0 or higher is required, but it is important to point out that all the tutors have a 3.0 or higher, and some are even graduates and postgraduates. All tutors must also go through mandatory intensive training courses in order to be considered for employment.

The CCC TLC hours are Monday–Wednesday: 10am—7pm and Tuesday–Thursday: 9am—7pm. The Valencia campus hours are Monday–Thursday: 8am—8pm, Friday: Closed, and Saturday: 9am–1pm. The TLC is available to all current COC students with a student ID, so get out there and take advantage of everything College of the Canyons has to offer!

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The Student Health and Wellness Center

Get Healthy!

By: Brandon Roque
Staff Writer

Did you know both the Valencia and Canyon Country campuses offer health and counseling benefits to all enrolled students? The Student Health and Wellness Center offers various different treatments and counseling opportunities to the students enrolled, as well as the public. The center also specializes in acute treatment ranging from soar throats to immunizations and lab work.

While most treatments at the Student Health and Wellness Center are free, certain processes do require fees which are a fraction of what you would pay anywhere else. Along with many treatment options, the center also offers counseling and therapy, by appointment, and also nutrition help.

Have you ever tried to quit smoking and didn’t know where to start? Well if you have, you should stop by the Student Health and Wellness Center and make a Smoking Cessation appointment. With all these amazing benefits, the Student Health and Wellness Center also offers free flu shots once a year. This event is open to the public as well as students, so make sure to stop by and get your immunizations! If you have any questions, the Student Health and Wellness Center at the Valencia campus opens Monday–Friday at 8:30am and at the Canyon Country Campus on Wednesdays from 10:00am–12:30pm and 2:00 – 5:00pm.

You may also call the center directly at (661) 362-3259. These centers can be found at Quaid 1-3, Room 109 at CCC and at the Student Center-122 at the Valencia Campus.

The mission of the Student Health & Wellness Center is to help keep students physically and mentally healthy so that they can succeed in school and life.

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COC Honors Program

Challenge Yourself

By: Gurchit Chatha
Assistant Editor

Are you a motivated student looking to work hard, tackle challenging coursework, and gain a competitive edge when it comes time to transfer? Then the College of the Canyons Honors Program may just be what you’ve been looking for.

COC Honors was established as an official academic program stemming from the former High Intensity Transfer Enrichment (HITE) Club. Unlike HITE, the Honors Program offers actual classes boasting the Honors label in the course title. Previously, students would request a HITE project from their professors, and upon completion, would be granted an “H” in the GPA Notes section of their transcripts; now, these courses will be specifically distinguished in their titles. In addition to transcription alterations, the Honors curriculum creates a classroom setting that emphasizes writing, creativity, and critical thinking.

Aside from fostering accelerated class environments, the Honors Program also offers a wide array of benefits to enrolled students. First and foremost, it gives students a chance to demonstrate their academic ambition and strive for success. With the admissions process becoming more and more competitive, four-year institutions are seeking students who are actively involved in enhancing their community college experience. Through programs like COC Honors, students can therefore convey an interest in making the most of available opportunities on campus.

Further regarding admissions, students interested in applying to UCLA are at a significant advantage if they fulfill Honors requirements. The Transfer Alliance Program (TAP), an agreement between various California Community Colleges and UCLA, qualifies students for “priority admission consideration” when applying to a major within UCLA’s College of Letters and Science, giving TAP certified students more leniency with their GPAs during the application review. Additionally, students will be given the option of listing an alternate major to which they can be admitted. Still not persuaded? In the Fall of 2012, only 5,058 out of the 15,952 Non-Tap applicants were admitted, yielding a 31% acceptance rate. Contrastingly, 1,077 of 1,360 Tap-certified students were accepted for admission that same year, resulting in an astonishing 79% admit rate. Statistically speaking, joining the Honors Program is one of the wisest decisions a COC student can make.

In order to join a program capable of reaping such benefits, one must also meet certain requirements. To be eligible, a student must have completed a minimum of 12 UC/CSU transferable units with a 3.25 GPA or higher, be eligible to take English 101 (or have completed English 101 with a "B" or higher), and complete a personal statement that will be submitted along with the application. In order to graduate from COC Honors, a student must maintain a 3.5 or higher UC/CSU GPA by the time of graduation, remain enrolled in COC Honors for at least two semesters, and complete 15 units of Honors classes with a "B" or higher. For TAP certification, the 15 units of Honors coursework must be completed by the Fall semester prior to transfer.

For further inquiries regarding eligibility or program details, visit the Honors website at http://www.can yons.edu/Offices/Honors, and for personal communication with program administrators, submit suggestions, comments, and ideas to honors@canyons.edu.
Performance Arts Center
Performances Schedule
By: Nicole Zito
Staff Writer

The Santa Clarita Performing Arts Center is located on the campus of College of the Canyons in Valencia, California. The Performing Arts Center offers a variety of different shows each month catering to almost any interest. These shows are not limited to only students at College of the Canyons, but also for members of the community are always encouraged to attend. There are various shows throughout the year, and some of the upcoming shows are listed below:

December 2012

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prelude Strings: Winter Festival of Music with Holiday Flair</td>
<td>Saturday, Dec. 1 at 7 p.m.</td>
</tr>
<tr>
<td>The Manhattan Transfer Holiday Show</td>
<td>Sunday, Dec. 2 at 7 p.m.</td>
</tr>
<tr>
<td>Holiday Dance Showcase</td>
<td>Wednesday-Thursday, Dec. 5-6, 8 p.m.</td>
</tr>
<tr>
<td>Annual Holiday Jazz Band Concert</td>
<td>Friday, Dec. 7, 7:30 p.m.</td>
</tr>
<tr>
<td>Santa Clarita Master Chorale: A World of Holiday Joy</td>
<td>Sunday, Dec. 9, 3:30 p.m.</td>
</tr>
<tr>
<td>Santa Clarita Ballet: The Nutcracker</td>
<td>Saturday-Sunday, Dec. 15-16, various times</td>
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</table>

January 2013

<table>
<thead>
<tr>
<th>Event</th>
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<tbody>
<tr>
<td>An Intimate Evening With Clint Black</td>
<td>Saturday, Jan. 19, 8 p.m.</td>
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February 2013

<table>
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<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>ESCAPE Theatre: The Music Man</td>
<td>Friday-Sunday, Feb. 1-3, 7 p.m.</td>
</tr>
<tr>
<td>Atlantic Steps</td>
<td>Friday, Feb. 8, 8 p.m.</td>
</tr>
<tr>
<td>Pushcart Players: Red Riding Hood and Other Stories</td>
<td>Saturday, Feb. 9, 2 p.m.</td>
</tr>
</tbody>
</table>

The Performing Arts Center Box Office is located in the PAC, and is accessed from the outside through ticket windows. Hours of operation are 11:30 a.m. to 5:30 p.m. Monday through Friday. Ticket prices vary depending on the show. If tickets are purchased in groups, discounts are available. The larger the group, the larger the discount will be. For more information about the Performing Arts Center, visit www.canyons.edu/offices/pio/canyonspac...

The University Center

Get Your Bachelor's Degree Close to Home
By: Brandon Roque
Staff Writer

The University Center is partnered with both public and private universities such as; Bowman University, California State University Bakersfield, California State University Los Angeles, California State University Northridge, and The University of La Verne.

The University Center is accredited and offers opportunities to expand students' exposure to higher education, all available at College of the Canyons' Valencia Campus. For any inquiries, feel free to call the University Center at (661) 362-5474.

The Dr. Dianne G. Van Hook University Center is the first of its kind. The facility and its partnering institutions offer educational programs not otherwise available to Santa Clarita residents. The center provides immediate access to upper division and graduate level courses and opportunities, as well as academic planning between the center and other associated partners. Between upper division planning and the associated programs of the university center there are many possibilities for expansion of any and all degrees and specific interests. This building also houses Human Resources, the COC Foundation, Professional Development, Economic Development, Employee Training Institute, and the Small Business Development Center.
Stress Relief Tips
Five Steps to Beat Stress

By: Nicole Zito
Staff Writer

With finals exams approaching quickly, many college students may feel overwhelmed and stressed. If students do not know how to properly deal with and overcome these tensions, they can be negatively affected; however, here are some tips for those trying to conquer the strain of finals week:

1- Exercise: By exercising, you can be more focused, calm, and clear of mind. When you exercise, your brain releases various chemicals into your system, which can help relieve built up tensions caused by stress.

2- Eat Healthy: By consuming sugars, students think it will help them stay up, giving them more time to study; however, sugar will only make your body crash.

3- Take Breaks: For every hour or so that you work, take a 10 to 15 minute break. This gives your brain time to rest, and can actually keep you more focused.

4- Music: Music has a very powerful effect on the body as well as the mind. When you are feeling overwhelmed, take a break and listen to some relaxing music.

5- Don’t Forget to Breathe: By breathing deeply, your body is delivered large doses of oxygen, leaving you more calm and relaxed.

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ASG Sudoku

```
  7  5  9
  6  5  9
  9  1  8
  1  8  2
  7  4  8
  6  7  8
  3  9  7  4
  4  2  1  5
  7  5  8  1
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Cross Your Paws:

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   1  2  3  4  5  6  7  8
  10 11 12 13 14 15 16 17
   18 19 20 21 22 23 24 25
```

Across

1. School mascot
5. The feeling most students get during midterms and finals
6. Keep your hands warm
8. Hello in french
9. A way for students who share similar academic interests to interact
11. Place on campus to get medical treatment
13. The Learning Center is also called this
15. What month is considered the national Breast Cancer Awareness month
18. The buildings at Valencia Campus are named after...

Down

2. Where does C.O.C. keep their cadavers
3. The financial aid form for loans, grants, and refunds
4. What students complain the most at C.O.C.
6. Name of the ASG president
7. Sport that takes place on ice
10. Last name of our Chancellor
12. Place were events are held at the Canyon Country Campus
14. The colors for C.O.C. are blue and
16. What do students wish they had more of
17. Tutoring Lab for science and engineering students

FROM EVERYONE AT ASG, HAVE A HAPPY HOLIDAY SEASON!
Once every year ASG hosts the End of Year Event/Club showcase. This is a large event that is very similar to the Welcome Back barbeque, held at the beginning of the year. A lot of work is put behind the End of Year Event/Club Showcase, which is meant to cater over 500 student. This event is ASG’s way of providing students with a fun and relaxing event right before finals, while also allowing clubs to display their work throughout the year and recruit new members for the upcoming year. The event took place in Honor Groove at Valencia and Cougar way at Canyon Country, which are the ideal location for events of this magnitude. This event was publicized all over the campus through the marquee, posters, flyers, and word of mouth. AMP radio was also there to get the crowd pumped up and encourage more student attendance. The music and fun could definitely be heard from Honor Groove and Cougar way. Lots of students who were either on their way to class or just passing by stopped by to check out what was going on. This allowed for clubs representatives to talk these students and attract them to their club, resulting in new members. The clubs may have been lacking this year at both campuses, but next year it will be much better. Clun participation is key to the success and effectiveness of this event so if you will be part of a club next year please keep this event in mind. The event consists of food, games, music, and lots of fun and so serves as the perfect platform for clubs to appeal to students and acquire new members and also to publicize themselves to the student population.

by Muaeen Obadi
VP of ICC
Student Tuition Increases are on the rise
By: Taylor Bub

The steady increase of tuition in California Community Colleges has been affecting students at College of the Canyons for the past few years. In the fall of 2010 the price per unit at COC was $26, and in the fall of 2011 it was increased to $36 per unit. Many students do not realize that starting this summer, the price per unit will be increased again to $46. In short, students who are taking a full-load (15 units) will be paying roughly $150 more every semester. The price per unit has essentially doubled in the past two years, and is still steadily increasing.

Many students will end up having to pay even more because there are so many students at COC and they are unable to get into the classes they need. This causes them to have to stay at community colleges for longer periods of time, which in turn costs them more money. These students are forced to take classes they do not need because they cannot get into the classes they need, and could lose their financial aid. Part of this problem is because students that are attending Academy of the Canyons (AOC) receive priority registration and do not have to pay per unit fees. One student, who preferred to remain nameless, said "It is frustrating because I end up weight listed for classes I need to graduate, and when I show up for class its full of kids that are still in high school. Then if I actually make it into the class, it's hard to concentrate because I have to work with them, and a lot of them act really immature."

Another new policy is that now students will only have until the end of the day of their registration to pay for their classes or they will be dropped. Professors have been instructed not to let anyone back into their classes if they were dropped for non-payment. This will be a problem for many students who do not have credit cards. These students will find it more difficult to pay for their classes because after they register they will have to find a way to go to COC to pay for it in person.
THE TRANSFER PROCESS
By Jerome Gamboa

“So, when are you transferring?” This is a question many of us have been asked time and time again. As community college students, we face an obstacle that students attending 4 year Universities don’t have to worry about: the transferring process. There are a number of factors that students at COC have to take into consideration once they begin. “What schools should I apply to? How can I maintain my GPA? Can I still have a social life? Do I REALLY need extracurricular activities?”

With all of these things to consider, it’s not uncommon for students to feel overwhelmed and intimidated by the transfer process. The truth is, however, that it’s incredibly do-able; thousands of students are able to transfer from COC to 4 Year Universities each year. With the right mindset, focus, and discipline, any student can transfer successfully into their top university of choice. Many students at COC have already successfully been accepted to their school’s of choice and will be transferring this Fall. Here’s what some of them had to say...

*Samita Chandi*
- Biology Major (Transferring to UCLA)
Congratulations of being accepted to UCLA! How does it feel?
It feels great to know that hard work does pay off, but at the same time it is overwhelming to leave a school I have become so familiar with.

*Majoring in the sciences is no easy task, are you still able to have a social life?*
Being a science major and having a social life don’t normally go hand in hand but it is possible if you are capable of managing your time well. I would recommend science majors to get to know as many people as possible in your major classes, because most likely you will be taking the same classes throughout your years at College of the Canyons.

*What’s been the most difficult aspect of the transfer process?*
The most difficult aspect of the transfer process was the personal statement for University of California application. Although the personal statement is short, it is very hard to fit one’s past, present and future in such a short amount of space.

*Daniel Park - International Business Major (Transferring to SDSU)*
Many students at COC change their major multiple times. Did you ever come across this during your experiences?
Definitely. My first year and a half here at COC, I was “pre-med.” After volunteering at Valley Presbyterian Hospital, I found that the medical field was not for me. So I decided to change into “International Business,” because it’s something I’ve always been passionate about and I can speak four different languages: Portuguese, English, Spanish and Korean.

*That’s impressive!*
from you and how to stand out.

Sylvia Duzaryan - Communications Major (Transferring to UCLA or USC)
Tell me about yourself, and your experiences at COC?
I'm the Officer of Marketing & Information for the Student Government and I was also part of the speech and debate team for 2 semesters as well as the Communication Studies Club. Being involved at COC definitely makes it easier to meet others and gain valuable experience in fields of interest. I love being able to give back to the school.

How did you find the Application Process? Stressful? Exciting? Maybe both?
It was a little stressful because I always found myself second-guessing myself; I had to make sure that I came across as competent without trying too hard. I focused on having a strong personal statement... especially when applying for Private Schools. They wanted to see that you had a special interest in their program as well.

Did you seek certification in the IGETC or CSU GE? Did you find that it helped?
Yes, I completed the IGETC and used assist.org to help facilitate my courses of choice. I loved using it because it helped me see exactly what classes I needed to take; it prevented me from wasting time and money taking unnecessary classes.

Although the transfer process may seem daunting, do not be weary of it. Just remember to maintain a balanced and healthy lifestyle, manage your time effectively, and most of all... be passionate about whatever you’re studying! Whether you will be continuing your education at COC next year, or transferring to a university, always work hard, stay positive, and above all, enjoy the college experience! Before you know it, you’ll be graduating and heading on to the next chapter of your life... you don’t want to look back and have any regrets. Find something you’re passionate about, build a dream, and go chase it.

Congratulations Students!
By Madelyn Capistrano
This spring and summer, many women will find themselves wearing vivid colors such as pastels and mint green. This past spring, we have had a lot of lace, red, orange, and floral prints and it might be a while before they leave the clothing racks. As for men, their colors have been extended to a bold oranges and vivid blues. For those who play it safe, black and white will always have their place in fashion.
After an interview with 6 male students, the most preferred color for summer was blue. Jared Carter, a high school student, proposed, “It’s summer, you have to feel the season” after saying yellow and orange were his go to colors for this season. Most guys interviewed prefer to fall back on colors such as black, white, and red. When it came to actual clothing items, khakis, shorts and 501 Levi’s are some popular choices amongst males. Jeans are the most favorite, even in summer. Sage Clark, a student at College of the Canyons, asked, “When have [jeans] ever gone out of style?” But of course, more effort in style is put towards special occasions. In fact, Sage owns eleven pairs of shoes and wears five of them on regular bases. Four to five is the average number of shoes owned by most men. The average number of shoes owned by women is fifteen. Genevieve Caleja, another student at College of the Canyons, owns about thirty-five pairs of shoes. When asked about other must-have accessories, she suggested watches. Other accessories that can be added to any outfit include hats, sunglasses, and even earrings. Accessories are not limited to only girls and many guys take pride in their ability to rock a scarf, wristwatch, and cool hat.
As far as clothing for women, the men prefer to see bright colors such as light blue, white, green, yellow, and orange. After an interview with four women, they do somewhat agree and look forward to wearing bright colors for summer. Unlike
most of the men, these women are willing to go out of their way to be in style. After an interview with student Karina Gutierrez, she stated, "I absolutely love lace". Long skirts, red colors, green colors, jeans, lace, and cargo shirts all qualify as must haves for summer. Popular accessories for girls include, long necklaces, sunglasses, rings, and Greek goddess styled sandals. If you are looking for style this summer, look forward to seeing bright colors in your wardrobe; especially, oranges and mint green. Go crazy and fill it up with those high-waist shorts and pants, flowing tunics, and your favorite belt bags! You can never go wrong with neutral colors including the creamy colors or stripes which seem to be incorporated in every type of clothing this year. Just remember, being fashionable does not have to be costly. A nice pair of jeans and a colorful tee will do the trick! Genevieve also added, "Summer is the best time to be creative with clothing and jewelry". So go all out, create your summer style, and have fun with it!

GAS PRICES! By: Teresa Neumann

Over the past few years, gas prices have gradually begun to rise due to inflation. In the last few months, however, gas prices have sky-rocketed to almost five dollars a gallon. Though many are quick to blame a specific party, there are many parties whom are to blame.

First and foremost, gas prices are largely influenced by supply and demand. This is partly why we always see gas prices fluctuating, since not all of us buy gas on a daily basis. In order to help this cause, people on social media sites have been trying to work together to prevent as many people as they can to set up gas boycotts, in order to force suppliers to lower their costs due to the decrease in demand. Whether this will work or not, only time will tell, but it is worth trying. Another reason that gas prices are rising is simply due to the commodity traders who buy and sell 'futures contracts'. This means that they are to predict the supply and demand of the oil in the near future. For example, oil prices usually tend to go up this time of year due to higher supply and demand, since people will start to travel for summer. Therefore, the commodity traders raise the prices not only due to the increase in demand, but for themselves as well, since they can get away with it. As for what to expect for this summer, speculations project that gas prices can increase anywhere between five and six dollars, however it is not easy to tell given the state of our fluctuating economy. Unfortunately for us, this creates an asset bubble for the commodity traders for which we are paying.

Finally, the price of crude oil has risen due to the instability in the Middle East. Since there are political tensions between Iran, Israel, and the United States, some oil refineries in Iran have either closed or boycotted distribution to the United States because we are allies with Israel. Because of this, less refineries are open and running, thus putting a strain on the other refineries, which in turn raises their prices based on higher demand.

Although it seems as if we are hopeless in this situation, there are alternatives in order to save money and gas. For one, we can all try carpooling more. This not only saves gas, but it provides for a buddy to ride with. Next, we can try to use public transportation more often. Even though it is not as reliable as your own car, it can still get you to where you need to go. Lastly, take part in gas boycotts. People have been all over Facebook and Twitter trying to spread the word about avoiding purchasing gas on certain days. If your car is running low on gas, simply make sure to fill up the day before. As tough as it is to see, there are efforts that we can make in order to lower gas prices even slightly.
ASG OFFICERS 2012-2013!

Michael Kramer
President

Natalie Feke
Executive Vice Pres.

Alex McHaddad
Student Trustee

Ekaterina Sultanova
Executive VP of Activities

David Ruelas
VP of ICC

Nir Hazon
Officer of Marketing and Info

Valerie Tran
VP of Activities, Valencia Campus

Alexandra Medel
Public Affairs Officer

David Ruelas
Social Student Involvement Coord.

Yuna Shin
Cultural Student Involv. Coord. Valencia

Afshin Mahajan
Cultural Student Involv. Coord. Valencia
Paw Print Staff 2011-2012

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Assistant Officer

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Gian Gamboa
Taylor Bub

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Cory Wong
Trenton Sincomb

GRAPHIC ARTIST

Chelle Gelin
Assembly Bill 955 Successfully Passed!

College of the Canyons could see Pilot Program as soon as 2015

By: Colette Vartanian
Editor-in-Chief

On October 10, Governor Jerry Brown signed Assembly Bill 955 (AB955). The bill was sponsored by Long Beach City College. College of the Canyons Associated Student Government (ASG) advocated for the bill with former President of ASG Michael Kramer spearheading a campaign in order to represent the student body and raise the academic quality. The bill was passed in order to try to increase the amount of California graduates by the year 2020.

This is not the first time our college has worked to pass a similar bill. AB 955 is similar to AB 515, which College of the Canyons advocated for two years ago. With the passing of AB 955, COC was selected as one of six community colleges that will be provided with funding for a four year pilot college to provide winter and summer extension courses. According to a letter from the Chancellor's Office, this program DOES NOT raise fees for all summer and winter session classes offered at all community college in California. The extension classes will NOT replace state supported courses normally offered during summer and winter, they will only supplement and increase the total offerings available to students.

This program provides students with the opportunity to complete their credits without risk of being put on a waitlist like they have before. There are courses already offered at UC and CSU schools that are supported by the student enrollment fees. AB 955 will allow COC to reduce their waitlist, and ensure that students who must be in classes year round, such as veterans, will be able to enroll in classes that they need. Course offerings will be determined by demand seen during the academic year.

Not only has this bill been discussed numerous times by the ASG, but it has also been discussed in the Board of Trustee meetings, College Planning Team meetings, Advocacy Team meetings and Academic Senate meetings, who see there is a clear benefit to students with the passage of AB 955.

Again, these courses will not replace state funded courses and will have the same rigor and regulations that state funded classes provide. The classes offered in the extension will be determined but the law specifies that the cost is based on nonresident tuition, which is $169 per unit. This fee will carry upon classes due to the cost of running the course which includes the instructor's salary, as well as necessary equipment and supplies for the course. There is flexibility in the fee for courses and it can be supplemented with BOG Fee Waiver for eligible students.

If COC meets its enrollment target in the next two academic years, the earliest we may participate in the pilot program is Summer 2015. For more information, questions or concerns about AB 955, please visit the Associated Student Government office in STCN-101 or call our office at (661) 362-3257.

Out With the Old and In with the New

Demolishing the Administration Building

By: Kendall Jackson
Public Affairs Officer

The Administration Building, one of the oldest buildings at College of the Canyons Valencia Campus, has been torn down, and a new model is under construction.

Michael Wilding, Assistant Superintendent-Vice President of Student Services at the College said, “for more than 30 years, the A Building has been a first point of contact and important stopping place for hundreds of thousands of students, parents, community members, and campus visitors looking to learn more about the educational opportunities available at College of the Canyons.”

A chain link fence now surrounds the construction zone and as a result, Lot 1 will be closed during the entire duration of the re-modeling. The building is set to be completed during the Fall 2014 semester. Right now, with the steel frame up, rebar is being placed in the next few weeks, as well as concrete.

The goal of the re-model is to create a more modern appearance and a bigger space for both staff and students. The new administration building will be two stories tall, housing more student services.

Thanks to the COC Foundation Capital Campaign, Measure M, and other fundraising activities, a new Institute of Culinary Arts (iCue) is under construction. The building will be built where the Village was formerly located. It will house all the kitchens, as well as seating for serving and other functions necessary for the program. Though there was a 4-week delay, it is set to be completed in Fall 2014. With these projects, COC is modernizing, expanding, and bringing new horizons to all its students and the community, looking into the future with a promising vision.

View of the progress for the new Administration Building

Staff Photo
Students Participate In Breast Cancer Awareness

By: Colette Vartanian
Editor-in-Chief

For over 25 years, National Breast Cancer Awareness Month has been promoting the awareness of breast cancer issues and thriving to educate individuals to take charge of their own breast health. The Associated Student Government (ASG) teamed up with the Student Health and Wellness Center to create canvas flags and educate students on breast health. Audrey Burgdorfer, College Nurse, helped students learn about detecting breast cancer and clearly demonstrated how both men and women can detect lumps in the breast. There were also plenty of pink-colored goodies to promote awareness. Students were able to paint messages on the canvases for Breast Cancer, and such canvases were later turned into flags that are now displayed throughout the Student Center.

Aside from acknowledging Breast Cancer Awareness for the month of October, November is Prostate Cancer Awareness month. The recognition for Prostate Cancer Awareness is better known as “No Shave November” amongst the student body. The Associated Student Government will be having a “No Shave November” contest with prizes for students with the best beards/moustaches on campus to promote awareness of prostate cancer. The contest will start on November 4th and end on November 30th. To participate in the contest visit the ASG office on November 4 to take a photo or better yet a selfie.

Associated Student Government
Getting Involved and Making a Difference

By: Nicole Zito
Staff Writer

Do you want to become more involved with your college experience and feel more connected on campus? The Associated Student Government (ASG) is a great way to do just that. ASG serves as the representative voice of the students here at College of the Canyons. ASG is also responsible for most of the student related, social, cultural, educational and service programs/activities that take place on campus. ASG is responsible for many events that take place at College of the Canyons, and being a member of ASG means that you would be able to assist in making these events a success!

Not only does ASG host events on campus, but members work to advocate for student success and help represent students on campus. There are several positions in ASG and with such positions, certain duties are required to be performed. Some of the positions include Photographer, Staff Writer, Officer of Public Affairs, Historian, Cougar Mascot, Administrative Assistants, and many more! Along with becoming more involved in campus life at College of the Canyons, there are also many other benefits with being involved in ASG. While being a member of clubs looks great on college applications, ASG gives students the opportunity to be incredibly active as a member. ASG members serve as respected leaders on campus with advocacy being an important factor. For example, leadership conferences are held where Officers of ASG attend and represent the College.

There are both Officer and Director Positions that may apply for. Being an Officer in ASG is a great accomplishment, and will be acknowledged on your transcript for colleges to see when applying for transfer. Such a position however is a large responsibility, with a commitment of 10 hours a week. A Director/Assistant position works under the Officer helping in various ways and gaining experience. Another benefit of becoming a member of ASG is that you will have the opportunity to meet many new people and create a network with people you may have never met without being a part of ASG. ASG members are friendly and always welcoming to new members. Joining is easy, and there are many positions one could potentially apply for. Applications for Director and Officer Positions can be found in the Student Development office. For more information about joining ASG, visit the ASG office located in the Student Center across from the bookstore or the ASG website at http://www.canyons.edu/offices/ASG/ for more information on how you can get involved.
COC Art Gallery Presents:
Exhibs ranging from BioArt to Abstract

By: Janine Peralta
Staff Writer

The College of the Canyons Art Gallery features artwork that is open to students, faculty and the public, located at the Valencia Campus in Mentry Hall 108. Students and faculty have the opportunity to examine different artwork designed by publicly known artists, as well as student artists. The most recent exhibit featured fascinating work from COC’s own biology professors, Kelly Burke and Kelly Cade. Professor Burke and Cade took the time to dye, magnify, and snapshot different organisms to show audiences the depths of plant and cell biology. Each picture captured told a story about cellular activity and the truth behind the biology of an organism. By using a professional camera, Professor Burke and Cade successfully portrayed how the world of science and art could be intertwined. Although every piece was quite magnificent, one work that stood out was a piece called Dragon’s Tail, by Professor Kelly Carrillo Burke. This piece featured bright rays of color arranged in an alluring pattern. The most fascinating part was that the piece was dyed slide of Rattus Gutus. These pictures are quite captivating aesthetically and yet one may use the magnified images of such cells for research purposes. Even though this incredible exhibition ended on Saturday, October 28th, the exhibit can be viewed on the COC Art Gallery website. The current exhibition, which is featured from October 12th to November 7th, showcases the work of Sue Tuemmler and is titled Some Kind of Order That Ought to Be Present. Sue Tuemmler is an LA abstract artist and educator of the Los Angeles Unified School District. In a press release, Tuemmler describes her work stating, “It is me or me, teaching has a strong performance element, and the speed, spontaneity and improvisational nature of much of what I did in the classroom has informed my approach to the painting process, in these abstract paintings I build an arrhythmic structure of unexplored movement, surprising juxtapositions and channels that navigate the seen and the hidden. I join with mysterious, frenetic with calm, chaos with order, all while looking for the balance point that says, ‘alive.’” The exhibit provides numerous color pieces and allows you to access LA art first hand on campus. The gallery hours are from 11am to 5pm Monday through Thursday. For more information regarding the art gallery visit http://www.canyons.edu/offices/artgallery/

Productive Study Habits for Success
Helpful Hints for Students

By: Nicole Zito
Staff Writer

Coming back from summer vacation may be a challenge for many - the adjustment from relaxed and fun-filled days to hours of studying is not an easy transition. College work can be overwhelming with stress however, having good study habits can help ease the stress greatly. Good study habits are key to becoming a successful student and here are some study habits one may benefit from:

- Study in a good place. Where you study is very important. Place with a lot of distractions makes for a poor study area. The library, a nook in a student lounge, a study hall, or a quiet coffee house are good places to check out - it is essential to avoid the loud, central gathering areas.
- Set goals. Goals are important when you are trying to achieve something. It can help you stay focused. By outlining what you need to accomplish, it will make you a more organized and successful student.
- Plan specific times for studying. By setting aside specific times for studying, this ensures a students organization and will plan out the required hours of study for each course.
- Don’t procrastinate. Actually study at your specific study times. Procrastination will not benefit any student; it will only make it difficult to get things done on time.
- Don’t overload yourself. Try not to study last minute. Leaving your studying for the day before the test will stress you out and leave you to feel extremely exhausted.
- Take breaks. For every hour or so that you work, take a 10 or 15 minute break. This gives your brain time to rest, and can actually keep you more focused.
- Tackle the most difficult assignments first. The toughest assignments take the most effort. Using your fresh mental energy to tackle the tougher subjects at first will make things easier for you.
- Review notes. Reviewing your notes can reinforce the information that you already know – it can only help you in your studying process.
- Memory games. Memory games, mnemonic devices, are methods for remembering pieces of information using a simple association of common words.
- Study with others. Study groups are a very effective method for studying. In study groups, others may be able to clarify questions that you may have. Together, you can also come up with many good ways to memorize certain facts.
- Use the resources on campus. COC could be very useful when it comes to studying. One could visit the TLC to receive free tutoring or use the study rooms that are available. The library is another good place that is always a favorite for students to study.
- Talk to your professor. Many of the professors here at COC have made themselves available to their students during their office hours. DON’T BE SHY! Contact your professor if you need any help.

Leading the Pack
Cougar Football placed first in conference

By: Kendall Jackson
Public Affairs Officer

College of the Canyon’s football team is off to a great start this season. New head coach Ted Icenda, has lead the Cougars to sole possession of first place in the National Division, Northern Conference. On October 19, Canyons dominated Ventura College 44-23 on Saturday night at the Ventura College Sportsplex. This improved the College’s record to 6-1 overall and 3-0 in conference. In order to support our Cougar, ASG is hosting a pep rally on Wednesday, October 29 at 11am in the cafeteria. There will be prizes and an opportunity to meet some of the players. This is a great way to show the Cougars some school spirit. Want to see the Cougars play next? The homecoming game is going to be on Saturday, November 2 with a tailgate BBQ from 4:30pm to 6pm. Kick off is at 6 pm at Cougar stadium, see you there!
# November Calendar

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<td>Food Drive Begins</td>
<td>No Shave November Contest Begins</td>
<td>Rock the Vote @ Flagpole</td>
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<td>11pm-9pm Fall Family Festival@CCC</td>
<td>4:30pm-6pm COC Homecoming Tailgate</td>
<td>4pm COC vs Moorpark Football</td>
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<td>Veteran's Day- No School</td>
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<td>11am-2pm Hippliestock @ Honor Grove</td>
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<td>11am-3pm International Fair &amp; A Million Things @ Cafeteria</td>
<td>Thanksgiving- No School</td>
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**JOIN ASG FOR A HAUNTED HALLOWEEN**

**ZOMBIE ASYLUM • VALENCIA CAMPUS**

ASG is teaming up with Faculty this Halloween to host a Zombie Asylum Maze open to all students, faculty and friends on October 31. There will also be food and pumpkin carving.

**TIME:** 11:30-1pm  
**LOCATION:** In the Student Center, near the Cafeteria  
Be ready to be SCARED!!!

**FALL FAMILY FESTIVAL**  
@ Canyon Country Campus

Also, Don't forget to that the movie ET will be screening at the Canyon Country Campus Friday, Nov 1. Bring your blankets and your friends and join us. There will be snacks and drinks provided and the admission is FREE!

**TIME:** 5pm-9pm

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**COC ATHLETICS NOVEMBER HOME GAMES**

**Football**  
Nov. 2 @ 6:00pm vs Moorpark  
Nov. 9 @ 6:00pm vs Cerritos

**Mens Basketball**  
Nov. 8 @ 5pm Clash at Canyons  
Nov. 15 @ 7:30pm vs LA Valley

**Cross Country**  
Nov. 8 @ 10am So. Cal Championships

**Men's Soccer**  
Nov. 1 @ 4:00pm vs Citrus

**Women's Soccer**  
Nov. 5 @ 3:00pm vs Glendale