Online Tutorials

Online Tutorials are multi-media presentations. You will hear a counselor and see visuals just as if you were in a face-to-face workshop. You will need to download the Flash player plug-in if you don't already have it on your computer.

**How to Choose a Major**

This tutorial helps students choose a major that matches their interests.

- View How to Choose a Major Tutorial

**How to Choose Classes**

3 tutorials designed to help students plan classes depending on individual goal:

- View Certificate Tutorial (23 min.)
- View Associate Degree Tutorial (38 min.)

**How to Read A COC Transcript**

This tutorial (22 mins) explains how to read and understand the notations on a COC transcript. This tutorial is a lesson from counselor Michelle Laffin's course, University Transfer Planning - COUNS 120.

- View How to Read a COC Transcript Tutorial

**How to Use www.assist.org for Transfer Planning**

This tutorial (9 mins) explains how to navigate the ASSIST website to explore the California public university system for information on majors and how to look up articulation agreements between the California Community Colleges and the CSU and UC. This tutorial is a lesson from counselor Michelle Laffin's course, University Transfer Planning - COUNS 120.

- View How to use www.assist.org for Transfer Planning Tutorial