

MAKE UP SUPPLIES TECHNIQUES and APPLICATION

These supplies can be found at any CVS Drug Store or you can go into the Valley to Nigel Beauty Emporium 11252 Magnolia Blvd. North Hollywood, CA 91601 (Let them know you are a "makeup" student for theater production at College of the Canyons receive 10 to 40% off).

The **basic materials** needed for men and women are as follows:

- *1) Foundation – I suggest Revlon Color Stay, Mehron or Ben Nye Pancake. \$10-12.
- *2) Translucent Powder - which is used to set the makeup (pressed or loose)
- *3. Blush or Rouge
- 4) Eye shadow - a lighter and darker shade (for blending if needed)
- 5) Lip Liner
- 6) Lipstick
- *7) Eyeliner - pencil or liquid
- 8) Mascara
- 9) Brushes

COC theatre will supply sponges, tissue, wipes, cotton pads, and cotton swabs.

Makeup for men: If you are going to shave, please do so an hour or two before performance.

Tips for Applying Stage Makeup

- Make sure your face is clean.
- Start by putting on your Foundation. You should choose a color just a shade darker than your natural skin color. To apply, start at your forehead and blend up into your hairline. Next, apply to your entire face. Don't neglect your neck, ears, earlobes and back of neck if they are not covered up by your attire on stage. You do not want to give yourself a mask-like appearance by covering only your face. Please don't worry if the makeup looks dark while you are working with the foundation. The purpose is to not be washed out by the stage lighting.
- Blush or Rouge comes next. Smile...and apply the blush from the middle of your smiling cheeks back towards your ears. Color choice for woman should be a rosy color that compliments your skin tone. Men, choose a color that is paler. Make sure to blend the rouge in well.
- Next accent your eyes. Apply the eye shadow first. Use a light neutral shade to highlight the brow bone. Use a little darker neutral shade to cover your

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eyelid. Blend the two shades where they meet. You can now use the eyeliner to line the top of your eyelid along the lash line. You can use brown or black, however, black will give a more dramatic look. The line should be even, but not too thick unless you are going for that dramatic look e.g. Cleopatra. Last add your mascara. Again, brown or black depending on the look you are going for. Men, you can use eye makeup but go lightly. You only want to enhance your features for the lights and the viewing from afar. You're not trying to look like you are made up.

- Lip liner is next applied in your Stage Makeup regimen. Choose a clear color lip liner or one that is the same shade as the lipstick you will be using. This is an important step as the lip liner keeps the lipstick from bleeding on to your face should you become heated and sweaty. It will help you maintain well defined lips throughout your performance. Once the liner is applied (on the outer edge of the lips...but not outside), you can fill in with your choice of lip color. It is a great idea to check with the Makeup Designer, Costumer or Director as to what color you should be wearing. Men can go for a lip color that is only a little bit darker than the natural color of their lips.
- To set the Stage Makeup, apply your translucent powder by using a brush that you have dipped into a container of loose or palette of pressed powder. Remove any excess powder by shaking brush before applying to your face and neck. When you set your makeup in this way, it is less likely to get ruined if you sweat during your performance
- Finally, step back from the mirror a bit and look at yourself. You should have a slightly exaggerated look to combat the bright stage lighting. You should not look ghoulish. Keep in mind that your public will be seeing you at different distances and from different angles. The people in the front of the audience will see you just fine, but, you want to appear natural to them. The people who see you from a distance must be able to see your expressions and the Stage Makeup will help you to accomplish this.

Practice Your Stage Makeup Technique

It is a good idea to start learning this process at home.

In this way, you can take your time and experiment before your performance takes place. Once you find what is going to work for you, make some notes for yourself. You can put them up in your Dressing Room to keep you on track during the process. A few people that I know, take index cards and write themselves notes about their makeup application which they keep in their Theater Makeup Kit. They find this to be particularly helpful when they are excited to be preparing for a show. The cards serve as helpful reminders so that nothing in the process is overlooked.

If you are in a show or recital you can use the **Dress Rehearsal** process to practice and experiment with various colors, styles of application and technique. You will also have a clearer idea of how the stage lighting will effect your choice of colors. When in doubt, ask other people involved in your production to give you an honest opinion. Sometimes an actor can be using a color that is washing them out and not be able to see it. Ask others and take the time to learn how to do it right before you actually go to show.