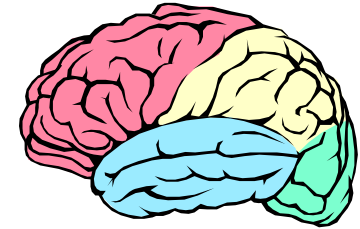


COLLEGE OF THE CANYONS - COUNSELING DEPARTMENT
The Brain, Studying, and Deep Learning



Students think that they study when they read a textbook, they read their notes, or hear a lecture. Learning is a biological function of the brain. Reading and/or listening are not enough!

