

Counseling 150

EOPS Student Readiness and Success

Web Enhanced

Please bring your textbook and journal with you to class every day.

This syllabus can be found on the College of the Canyons website <http://www.coc.cc.ca.us/> at the EOPS web page <http://www.canyons.edu/offices/eops> . Go there for further information about assignments.

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Text: The Master Student, by Dave Ellis

Reference: On Course, by Skip Downing

This course is designed to help the student succeed in college and in life. This is achieved by helping students explore who they are, understand where they come from, and decide where they are going. The process is supported by concentrating on the success factors of motivation, self-esteem, and skills. The student is guided through a process of self discovery which emphasizes the importance of self-awareness, self responsibility and self-empowerment. This course focuses on the importance of self-empowerment, the process of taking control of one's life.

*Attendance is a must in this class as this is a class on learning how to be a successful college student. Statistics tell us that students who don't attend, don't succeed. Much of this class is interactive and participatory. There are **NO** excused absences other than jury duty and military requirements. .Written documentation must be provided.*

If you are absent on a day you are to present you will receive no credit for the presentation. No make ups on tests.

*If you are not going to be in class, let the instructor know before the class meets.

***If you miss more than four sessions you will not receive a passing grade.**

*Three late arrivals or early departures will equal an absence.

* No electronic devices may be used in class without previous permission.

* No children are allowed in class. * Late assignments will not be accepted.

*It is necessary to pass the midterm and the final to pass the class.

* The instructor retains the right to make changes and/or alterations to this syllabus. If any changes are made, the instructor will notify the students.

“Success in the traditional classroom doesn’t always translate into success when college courses require the use of online technology.” Michael Corry of the George Washington University

DATE

TOPICS

Week 1

- *course overview
- *class guidelines
- *What's in a name?"
- *Power of Poetry (assigned) **Search the web for additional information (Cinquian)**
- *journaling

Week 2

- *journaling
- *Progressive Relaxation
- *Self Assessment
- *Service Learning

Week 3

- *journaling
- *Choices of Successful Students
- *Self Responsibility
- *The Wise Choice Process
- * Why College (assigned)
- *Student Health and Wellness Center

Week 4

- *journaling
- *Myers Briggs
- *Family Proverbs **search the web for additional information**
- *Cinquain due (25 points)
- *Financial Aid

Week 5

- *Why College (due) (50 points)
- *Student Services (assigned) **Visit the COC homepage and conduct a scavenger hunt for resources available to you**
- *Motivational poem/music
- *Scholarships
- *journaling

Week 6

- *Time Management
- *SQ3R (Effective Reading)
- *journaling
- *mind mapping
- *Transfer Center

Week 7

- *Discover assigned
- *Goal Setting
- *Test Taking
- *Student Services (due) (50 points)
- *journaling

Week 8

- *journaling
- *Complete Discover
- *study skill (assigned) **Find a web site that pertains to your study skill.**
- *How I plan to stay motivated (assigned)

Week 9

- *journaling
- * **Who Moved My Cheese (change)**
- *College Catalogue

Week 10	*student education plan *transfer requirements *journaling *Discover (due) (50 points) *How I Plan to stay Motivated (due) (50 points)
Week 11	*Memorization *scavenger hunt (group project) *journaling
Week 12	*journaling *procrastination
Week 13	*study skill presentations (50 points) *journaling
Week 14	*Cultural presentations (100 points) *journaling
Week 15 final	*Master Student portfolio presented (100 points)

Every Wednesday at 5:15 I will engage questions and ideas that have been sent to me by e-mail.

CONTINUOUS

- * Family proverbs
- * Cultural adventure (100 points)

Relax, enjoy and experience developing personally!

Credit requirements

Why College	50 points
How I Plan to Stay Motivated	50 points
Cinquain	25 points
Midterm	50 points
Study Skills	50 points
Student Services	50 points
Discover	50 points
Cultural Presentation	100 points
Final Portfolio	100points
Quizzes 12 chapters at 10 points	<u>120points</u>
	645 total

Grading

583 - 645 plus Service Learning	A
521 - 584	B
459 - 520	C
397 - 458	D
0 - 396	F

Supplemental Instruction can be used for extra credit.

In order to receive an A it will be necessary to complete a Service Learning project.