Course Title: Student Success
Course Code: Couns 150
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Format: Hybrid
Course Length: 8 week Fall 2017 (10/16/17 – 12/9/17)

Introduction
Welcome to Counseling 150, Student Success! I’m very excited to have you in my class and look forward to helping you achieve success in your academic, personal, and professional lives.

Congratulations on taking the first step toward being successful in college by registering in this class. This is a HYBRID, 8-week course. In this hybrid class, it is expected that you prepare for class and complete all assignments online (including but not limited to lectures, videos, discussions, and quizzes) prior to our class meeting. We will meet in class twice every week (Tuesdays & Thursdays) to engage in group activities in order to review the chapter content.

Course Description
Designed to integrate personal growth, critical thinking, creative thinking, problem solving and academic success, the course introduces the student to the benefits of higher education, educational planning, goal setting and career choices. The student is guided through the process of self-discovery which emphasizes the importance of self-awareness, self-responsibility and self-empowerment.

Prerequisites: None
Transferability: UC/CSU

Course Information
Success in college, and in life, is achieved by exploring who you are, understanding where you come from, and deciding where you are going. This course focuses on taking control of one’s life in order to achieve success in college. These methods will be used to help students achieve college success:

- By reading the OER textbook, you’ll learn self-empowering strategies that have helped others achieve extraordinary success.
- By keeping a guided journal and completing a “Personal Success” project, you’ll develop a greater sense of self-awareness and discover how to apply these strategies to your own life.
- By actively participating in class activities and focused discussions, you will increase your chances of staying on course to your success.
- By adopting these strategies as your own, you can dramatically improve your life - academically, personally, and professionally.
Student Learning Outcomes
At the end of this course, it is expected that students who have regularly attended and completed all assignments will be able to:

- Demonstrate a positive increase in factors that contribute to student success.

Textbook information

More information about OER (Open Educational Resources) and our textbook is available here - [https://www.canyons.edu/Offices/library/Pages/Student_OER_Home.aspx](https://www.canyons.edu/Offices/library/Pages/Student_OER_Home.aspx)

Other relevant course information

In order to take this class, you must have access to a computer, internet, and an E-mail account. All communications are done through announcements, E-mails, and/or discussion boards. To determine if you are ready for a hybrid/online course and know what to expect, visit:

- Orientation to Online Courses: [http://www.canyons.edu/Offices/DistanceLearning/OnLine/Pages/OrientationOH.aspx](http://www.canyons.edu/Offices/DistanceLearning/OnLine/Pages/OrientationOH.aspx)
- What to do after you Register for an Online Course: [http://www.canyons.edu/Offices/DistanceLearning/OnLine/Pages/AboutHybrid.aspx](http://www.canyons.edu/Offices/DistanceLearning/OnLine/Pages/AboutHybrid.aspx)
- Test Your Potential as an Online Student: [http://www.miracosta.cc.ca.us/Instruction/DistanceEducation/quiz.aspx](http://www.miracosta.cc.ca.us/Instruction/DistanceEducation/quiz.aspx)

If you have not taken an online or hybrid course before, I strongly recommend that you review the Canvas online tutorials available at: [http://guides.instructure.com/m/4210/c/56054](http://guides.instructure.com/m/4210/c/56054).

All announcements, assignments, discussions, and quizzes for this class will be posted online by 11:59 p.m. Friday of the week prior for the upcoming week. All assignments are due by the class meeting time and day each week (unless otherwise posted in the Course Calendar).

To access the online class work, you will need to log into College of the Canyons’ course management system called Canvas: [https://coc.instructure.com/](https://coc.instructure.com/)

**USERNAME:** your My Canyons username **PASSWORD:** students
Please change your password after you log in to Canvas for the first time. Go to: https://community.canvaslms.com/docs/DOC-2893 to learn how to change your password.

For help with logging into and/or using Canvas, please contact COC Student Tech Support:

- Email: cvsupport@canyons.edu
- Business Hours/Weekday: 661-362-3344
- After Hour and Weekend (5pm-8am): 1-877-889-9052

Additional Resources

Canvas
The course can be accessed via Canvas at cv.canyons.edu on the first day of the course. Follow the login instructions at the bottom of the screen to log in. Here, you can also access Canvas user guides with helpful tips for navigating and using Canvas. For any Canvas related issues please call the Canvas Student Support line at (661)362-3344 during college business hours, or (877)889-9052 for 24/7 support.

Distance Learning
Check out the Distance Learning website for more information on a variety of topics that can help you be a successful online student such as: exam proctoring, learning styles, computer skills, and tips for student success. If this is your first online course, feel free to take our online learning readiness assessment to assess your skills.

The Learning Center (TLC)
The TLC provides FREE tutoring resource to COC students including:
- Face-to-face & ONLINE tutoring
- Testing Center: offers test proctoring services for courses that have required proctored exams
- Study Jam Review Sessions
- Computers with over 300 software programs
  For more information visit the TLC Website.

Disabled Students Program & Services (DSPS)
College of the Canyons DSPS provides educational services and access for eligible students with documented disabilities who intend to pursue coursework at COC. A variety of programs and services are available which afford eligible students with disabilities the opportunity to participate fully in all aspects of the college programs and activities through appropriate and reasonable accommodations. For more information on their services visit the Disabled Students Program & Services website.

Online Counseling
The Counseling Department offers appointments online. You can schedule an appointment by visiting the Online Counseling website. Counselors can help you map out a plan to reach your educational goals as well as advise you on course selection and registration.