Dear Students;

**Welcome to REC 101 Recreation and Leisure in Contemporary Society.** I am Rhonda Hyatt, your facilitator. This course is an introduction to the history, growth and current trends surrounding the Recreation and Leisure industry. I think you will be surprised by what you don’t know about the one of the largest industries in our community as well as the world!

**Important information about this course: REC 101 -8 week session- Section 29509:** This course meets the CSU-GE area E requirement (Lifelong Learning) and is required for the Recreation Management AA degree and is a transfer requirement for recreation students.

This course is 100% online. We will **not** be meeting face-to-face at all. The course will be available to you on the **first day** of the semester.

- This course starts on August 21st. You must log in AND review the orientation materials and take the practice orientation quiz by midnight on August 21st or you will be dropped from the course as a NO SHOW. This is a short session 8 week course.

**LOGIN:** There is a significant amount of materials to cover in the course, so it is important that you start the course on time and be consistently engaged. We are using Canvas as the course management system for this course. The link is on the COC home page.

**COMMUNICATION:** It is important to activate and use your mycanyons email for this course. I will communicate primarily through the “announcements page” and email, be sure to check both frequently. Additionally we can arrange to talk over the phone or meet in my office.

**TEXT and RELATED READINGS:** You will need a textbook: McLean, D.; Hurd, A.; Roger, N. (2015). Kraus’ Recreation and Leisure in Modern Society. 10th Edition. Sudbury, Massachusetts: Jones and Bartlett. ISBN 9781284034103, new $111.00. Note: older additions of the text will work (8th or 9th) and the text is on reserve at the COC library. Additionally note there may be related reading materials posted on Canvas throughout the course. **NOTE:** for the best outcomes, you need the text by week 1.

**COURSE SUCCESS:**

You should be prepared to log into this course several times per week. Students must demonstrate regular participation in the course to remain enrolled. This course will be primarily **asynchronous**. This means that you are not required to be present online at a set time. Communication will primarily occur via “announcements”, “discussions” and emails; I **encourage you to check you’re mycanyons email several times a week to stay up on news and**
deadlines. You will interact with the course material through related reading, assignments, quizzes, internet challenges and participation in discussion boards. You will benefit from reading ahead. I will close modules as they are completed to encourage you remain current in the course. Additionally, you are free to work ahead on the course modules.

You will find the quizzes and discussions boards easier and faster to complete by reading ahead. If you want to get a head start, read chapters 1-4 in the text. The first assignment will be based on chapters 3 and 4.

You must be prepared to participate in the discussion board items to achieve the ultimate grade in the course. You cannot pass this course by only taking the quizzes, the assignments are worth more points. Quizzes are open book and do not need to be proctored.

COURSE OUTLINE SUMMARY:

This course investigates the contributions of play, leisure and recreation to the social, psychological and economic well being of individuals and groups. This course will challenge you to develop your own philosophy about recreation and leisure pursuits and question the value of leisure in your life. Please see the COC catalog for further course descriptions or the Recreation Management website: http://www.canyons.edu/Departments/REC/.

WHAT SHOULD YOU EXPECT FROM THIS COURSE?

Student Learning Outcome: Upon completion of the course the student will be able to assess the influence of modern history, politics, culture, and contemporary social trends on recreation and leisure activities and services.

Upon Completion of the course the student will

1. Analyze the various contemporary definitions and perspectives of the play, leisure and recreation.
2. Examine the history of leisure, recreation and tourism and the emergence of parks, recreation and leisure services.
3. Examine participant leisure values and motives.
4. Examine contemporary social trends impacting types of programming and participation rates.
5. Compare and contrast the mission and functions of the various leisure service providers; commercial businesses, government/public and non-profit agencies.
6. Analyze the social functions of leisure services and programs.
7. Describe the contributions of the recreation, leisure and tourism to economic development of local and national economies.
8. Explore professionalism and career areas within the recreation, leisure and tourism industry.

Course Overview:

You can expect each week to read at least 2 chapters, lecture notes, review key terminology and participate in a discussion as well as complete related quizzes and assignments. The assignments will assist you to integrate the information presented in the course materials. Carefully read the description, instructions and deadline for each assignment.

Quizzes: There are weekly quizzes based on the chapters and lecture notes. It is difficult to be successful on the quizzes without access to the text. The quizzes are a useful tool to assist you to stay on task with the reading assignments. It is important that you stay abreast of the reading assignments to successfully complete the quizzes by the deadlines. Quizzes are open book and do not need to be moderated. The Final Exam is short essay and is cumulative.

Discussion Board: The use of Discussion Boards are integral to the success of the course. Read the materials the week before the discussion item opens. Create your post prior to reading your classmates posts. The posts to the discussion board must be relevant; you must demonstrate you are familiar with the reading assignments as well as your classmates’ posts.

Assignments: Weekly assignments are opportunities for you to demonstrate your comprehension of the content and to relate the content to current recreation and leisure practices and programs. Some of the assignments include developing a timeline representation of the Public Recreation Movement, assessing the Social Functions of Community Recreation, exploring local Specialized Leisure Services Areas as well as exploring local economic and tourism opportunities.

Please contact me with any questions.

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