



College of the Canyons and the Child & Family Center
In Partnership with the Foster and Kinship Care Education Program
Present

Mental Health First Aid

An 8 Hour Course

College of the Canyons University Center Room 207

26455 Rockwell Canyon Road

Santa Clarita CA 91355

Saturday September 27th 2014 8:30 – 5:30 PM **No Cost and Lunch is Provided**

To Register: E Mail Tami Zubis at tami.zubis@childfamilycenter.org
or call Tami Zubis at [661-259-9439](tel:661-259-9439)

- ❖ Sometimes, first aid isn't a bandage, or CPR, the Heimlich, or calling 911.
- ❖ Sometimes, first aid is YOU!
- ❖ Someone you know could be experiencing a mental illness or crisis.
- ❖ You can help them.
- ❖ Anyone can take the 8-hour Mental Health First Aid course — first responders, students, teachers, leaders of faith communities, human resources professionals, and caring citizens.
- ❖ Sometimes, the best first aid is you.
- ❖ Take the course, save a life, strengthen your community.



For More Information on Mental Health First Aid go to www.MentalHealthFirstAid.org
Or call Larry Schallert LCSW at 661-362-3259