

Occupational Therapy Assistant AS (Associates GE Track)

+If you have completed coursework at another college and/or are starting in a semester other than a Fall term, please follow up with the Counseling Department to determine if this sequence is appropriate for your academic and career goals.

Program Description: Occupational Therapy is a healthcare profession whose practitioners work in diverse settings, including hospitals, private practices, outpatient clinics, home health agencies, schools, community health centers, skilled nursing facilities, mental health facilities, and work environments. The Occupational Therapy Assistant (OTA) is a key member of the healthcare team, providing occupational therapy services under the direction and supervision of a licensed occupational therapist. The OTA supports individuals of all ages facing health or medical challenges that limit their ability to perform daily functional activities. Once graduated and certified, the OTA assists clients through interventions focused on improving skills for activities of daily living (ADLs), instrumental activities of daily living (IADLs), and other functional tasks, including mobility, self-care, and social participation across the lifespan. The OTA is also skilled in implementing therapeutic activities, environmental adaptations, and the use of adaptive equipment, as well as assisting with sensory integration techniques and other modalities to promote independence and enhance quality of life.

Program SLO: Demonstrate the ability to provide competent and ethical care and address the diverse needs of clients in various practice settings as an entry-level Occupational Therapy Assistant.

Important Transfer Information: *The sequence listed below, may not meet all your transfer admissions requirements. Connect with a counselor to develop an individual student education plan through the Counseling Department @ <https://www.canyons.edu/counseling> or (661) 362-3288/(661) 362-3811.*

*Major courses are sequenced and **BOLDED** based on recommendations by (department name)*

First Semester (2-12 units minimum) FA = Fall; WI = Winter; SP = Spring; SU = Summer

Course	Title	Units	Major and GE Courses
Biology Group	Select one Biology course from the Group Dept recommends BIO 101	4	Prerequisite/Area 5
ENGL 101/101H <i>Fall 2025 to be called ENGL C1000/C1000H</i>	English Composition (FA, WI, SP, SU)	4	Prerequisite/Area 1A
MATH 140/140X/H <i>Fall 2025 to be called STAT C1000</i>	Introductory Statistics	4-5	Prerequisite /Area 2
Term Total:		12-13	

Check the [Honors](#) website for most recent course offerings. Must be enrolled in the Honors program to take courses..

Second Semester (13-25 units minimum)

Course	Title	Units	Major and GE Courses
BIOSCI 201/204	Introduction to Human Anatomy or Human Anatomy and Physiology I (5 year recency)	4	Prerequisite/Major Course
Social Science Group:	Choose one Social Science course from the Group (FA, WI, SP, SU) Department Prefers: Psych 101 (Fall 2025 will be called PSYC C1000) or Psych 240.	3	Prerequisite/Area 4

Course	Title	Units	Major and GE Courses
HLHSCI 249	Medical Terminology	3	Prerequisite/Major Course
Arts or Humanities	Choose any Arts or Humanities GE	3	Area 3
Term Total:		13	

Third Semester (26-38 units minimum)

Course	Title	Units	Major and GE Courses
BIOSCI 202/205	Introduction to Human Physiology or Human Anatomy and Physiology I (5 year recency)	4	Prerequisite/Major course
Psych 172	Developmental Psychology (FA, WI, SP, SU)	3	Prerequisite/Major course
COMS 105	Fundamentals of Public Speaking (FA, WI, SP, SU) <i>Fall 2025 to be called COMM C1000</i>	3	Prerequisite/Area 1B
Ethnic Studies	Choose one class from Ethnic Studies GE	3	Area 6
Term Total:		13	

Fourth Semester (Fall) (39- 50 minimum units)

Course	Title	Units	Major and GE Courses
OTA 100	Introduction to Occupational Therapy: Theory and Practice	2	Major
OTA 120	Biomechanics and Applied Kinesiology in Occupational Therapy	3	Major
OTA 120L	Biomechanics and Applied Kinesiology in Occupational Therapy Lab	1	Major
OTA 130	Theory and Process in Neurological Disorders and Psychosocial Issues	3	Major
OTA 130L	Theory and Process in Neurological Disorders and Psychosocial Issues Lab	1	Major
OTA 110	Introduction to Activity Analysis & Documentation	1.5	Major
OTA 133	Level I Fieldwork in Neurological and Psychosocial Issues	0.5	Major
Term Total:		12	

Fifth Semester (Spring) (51-62 minimum units)

Course	Title	Units	Major and GE Courses
OTA 141	Conditions and Wellness in Occupational Therapy	2	Major
OTA 161	Pediatric Occupational Therapy: Theory and Practice in Developmental Disabilities and Conditions	3	Major
OTA 161L	Pediatric Occupational Therapy: Theory and Practice in Developmental Disabilities and Conditions Lab	1	Major
OTA 151	Advanced Clinical Documentation for Occupational Therapy	1	Major
OTA 171	Physical Dysfunction and Rehabilitation for Adults: Theory and Practice	3.5	Major
OTA 171L	Physical Dysfunction and Rehabilitation for Adults: Theory and Practice Lab	1	Major
OTA 163	Level I Fieldwork in Developmental Disabilities and Pediatric Conditions	0.5	Major
Term Total:		12	

Sixth Semester (Summer) (63-68 units)

Course	Title	Units	Major and GE Courses
OTA 202	Management of Occupational Therapy Services	1.5	Major

Course	Title	Units	Major and GE Courses
OTA 212	Evidence-Based Practice in Occupational Therapy Interventions	3	Major
OTA 222L	Clinical Competency and Reasoning Skills Lab	1	Major
OTA 173	Level I Fieldwork in Physical Dysfunction and Adult Rehabilitation	0.5	Major
Term Total:		6	

Seventh Semester (Fall) (69-81.5 minimum units)

Course	Title	Units	Major and GE Courses
OTA 232 & OTA 242	Exam Preparation for Occupational Therapy Assistants	1	Major
OTA 233	OTA Level II Fieldwork: First Rotation	6.25	Major
OTA 243	OTA Level II Fieldwork: Second Rotation	6.25	Major
Term Total:		13.5	

Total Units: 81.5 – 82.5 units

Biology Group (choose ONE course – any of these meet the Prerequisite for Anatomy and Physiology)

Biology 100	General Biology	4 units
Biology 101	Introductory Biology for Health Professions	4 units
Biology 107	Molecular and Cellular Biology	4 units

Social Science Group (choose ONE course)

PSYCH 101	Introduction to Psychology (FA, WI, SP, SU)	3 units
PSYCH 240	Abnormal Psychology (FA, WI, SP, SU)	3 units
SOCIO 101	Introduction to Sociology (FA, WI, SP, SU)	3 units
ANTHRO 103	Cultural Anthropology (FA, WI, SP, SU)	3 units