

2024-2025 ADDENDUM CREDIT CLASSES

DANCE

DANCE 180 INTRODUCTION TO YOGA

Units: 1.00

UC:CSU 54.00 hours lab

Introduces students to the beginning practice of yoga. Students learn the practice of yoga postures to aid in improvement of concentration, physical endurance, flexibility, balance, and alignment. The course integrates basic breathing techniques to enhance the mind-body connection, and reduce stress. Students also examine the context of yoga history philosophy and ethics.

HOSPITALITY MANAGEMENT

Certificate of Specialization: Hospitality Meeting and Event Management Coordinator

The Hospitality Meeting and Event Management Coordinator Certificate of Specialization is designed for those interested in management and coordination of events. It includes comprehensive study with an emphasis on application of event planning, costing events and management coordination. Program completers are prepared for entry level employment as entertainment event manager, hotel event service coordinator, hotel event coordinator and company event coordinator.

Certificate Student Learning Outcome:

Students will be able to demonstrate proficiency in the core skills and knowledge required for employment in the restaurant and hospitality industry.

Program Requirements:

Units Required: 11

Units:

HOSP-101	Introduction to the Hospitality Industry.....	3.0
HOSP-103	Hospitality and Event Management Coordination	3.0
CULARTS-110	Culinary Safety and Sanitation.....	2.0
CULARTS-150	Food Service Costs and Controls ..	2.0

Plus a minimum of one unit from the following:

WE-186HOSP	Work Experience Education Hospitality Management	1.0 - 4.0
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PHYSICAL THERAPIST ASSISTANT

Associate in Science Degree: Physical Therapist Assistant

Physical Therapy is a healthcare profession whose practitioners work in a variety of settings including hospitals, private practice, outpatient clinics, home health agencies, schools, sport and fitness facilities, skilled nursing facilities, and industrial settings. The Physical Therapist Assistant (PTA) is a member of the health care team who provides physical therapy services under the direction and supervision of a licensed physical therapist. The PTA helps people from all age groups with health or medical problems who have limited ability to move or perform functional activities in their daily lives. The PTA, once graduated and licensed, provides care through instruction to patients/clients' exercises for range of motion, strength, and coordination along with mobility training for functional activities such as gait, transfers, and bed mobility with varying assistive devices, and functional training throughout the lifespan. The PTA is also skilled in massage and usage of modalities/physical agents such as electrical stimulation or ultrasound and cryotherapy/thermotherapy.

Graduation from a physical therapist assistant education program accredited by the Commission on Accreditation in Physical Therapy Education, 3030 Potomac Ave., Suite 100, Alexandria, Virginia 22305-3085; phone; 703-706-3245; accreditation@apta.org is necessary for eligibility to sit for the licensure examination, which is required in all states. Candidacy is considered to be an accredited status, as such the credits and degree earned from a program with Candidacy status are considered, by CAPTE, to be from an accredited program. Therefore, students in

the charter (first) class should be eligible to take the licensure exam even if CAPTE withholds accreditation at the end of the candidacy period. That said, it is up to each state licensing agency, not CAPTE, to determine who is eligible for licensure. Information on licensing requirements should be directed to the Federation of State Boards of Physical Therapy (FSBPT;www.fsbpt.org) or specific state boards (a list of state boards and contact information is available on FSBPT's website.

College of the Canyons is seeking accreditation of a new physical therapist assistant education program from CAPTE. The program is planning to submit an Application for Candidacy, which is the formal application required in the pre-accreditation stage, on November 1, 2024. Submission of this document does not assure that the program will be granted Candidate for Accreditation status. Achievement of Candidate for Accreditation status is required prior to implementation of the technical phase of the program; therefore, no students may be enrolled in technical courses until Candidate for Accreditation status has been achieved. Further, though achievement of Candidate for Accreditation status signifies satisfactory progress toward accreditation, it does not assure that the program will be granted accreditation.

Eligibility for enrollment in this program is determined by a special admission procedure. Interested persons should review program information on the College of the Canyons Physical Therapist Assistant Website.

A grade of 78% or better must be maintained in all courses to continue in the program. Course repetition in this program is not permitted. Course repetition in this program is not permitted. Courses must be taken in sequence. Failure to successfully complete a course requires dismissal from the program, with readmission allowed only upon successful completion of the Readmission Policy and Procedure found in the PTA Student Handbook.

Clinical Experience Requirement:

Students accepted into this program must successfully complete classes which require supervised clinical practice in hospitals, clinics, and other settings. These facilities may require criminal background checks and health screenings, including fingerprinting and drug screening, as a condition of placement to work at that facility. Refusal to submit to a background check, or failure to meet clearance criteria established by a given healthcare facility may prevent placement in clinical experience courses and therefore make it impossible to successfully complete the program.

Healthcare facilities also require adherence to strict standards of conduct. Facilities may refuse educational access to any person who does not adhere to the facility's standards of safety, health, and behavior. Failure to meet such standards may be cause for dismissal from the program.

Degree Student Learning Outcome:

Students will be able to demonstrate entry-level clinical competency in the management of patients/clients

with diseases and conditions representative of those commonly seen in practice across the lifespan and the continuum of care as required by state and national standards.

Program Requirements:

Units Required: 49.50

	Units:
PTA-100	Preparing for Careers in Physical Therapy3.0
PTA-105	Patient Management for the Physical Therapist.....2.0
PTA-105L	Patient Management for the Physical Therapist..... 1.5
PTA-110	Pathophysiology for the Physical Therapist Assistant3.0
PTA-120	Clinical Kinesiology for the Physical Therapist Assistant3.0
PTA-120L	Clinical Kinesiology for the Physical Therapist Assistant Lab ...2.0
PTA-130	Evidence-Based Physical Therapy 1.0
PTA-201	Physical Agents2.0
PTA-201L	Physical Agents Lab 1.5
PTA-205	Development, Growth, and Aging ..2.0
PTA-220	Orthopedic Rehabilitation2.0
PTA-220L	Orthopedic Rehabilitation Lab 1.5
PTA-225	Professional Practice for the Physical Therapist Assistant3.0
PTA-240	Neurological Rehabilitation2.0
PTA-240L	Neurological Rehabilitation Lab 1.5
PTA-242	Cardiopulmonary and Integumentary Physical Therapy2.0
PTA-242L	Cardiopulmonary and Integumentary Physical Therapy Lab..... 1.5
PTA-244	Physical Therapy for Special Populations2.0
PTA-244L	Physical Therapy for Special Populations Lab 1.5
PTA-250	Clinical Experience I2.5
PTA-252	Clinical Experience II3.5
PTA-254	Clinical Experience III.....3.5
PTA-260	Physical Therapist Assistant Seminar 1.0
PTA-262	Physical Therapist Assistant Case Study 1.0

PTA 100 PREPARING FOR CAREERS IN PHYSICAL THERAPY

Units: 3.00

CSU 54.00 hours lecture

Introduces a comprehensive overview of the field of Physical Therapy, from its historical beginnings to the present day. Content covered includes the roles of Physical Therapists (PTs) and Physical Therapist Assistants (PTAs) in the treatment and management of musculoskeletal, cardiopulmonary, neurological, and integumentary disorders. This course is designed for students interested in applying to PT or PTA professional programs. Field trips are optional.

PTA 105 PATIENT MANAGEMENT FOR THE PHYSICAL THERAPIST ASSISTANT

Units: 2.00

CSU 36.00 hours lecture

Co-requisite: PTA-105L

Introduces the skills and knowledge needed to safely and effectively perform basic physical therapy interventions and data collection tasks in a variety of settings. The course emphasizes essential data collection and documentation skills, uncomplicated interventions, communication skills, ethics, cultural competence, and safety considerations. Admission to Physical Therapist Assistant program is required.

PTA 105L PATIENT MANAGEMENT FOR THE PHYSICAL THERAPIST ASSISTANT LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-105

Provides students with the hands on skills necessary to safely and effectively employ basic data collection and interventions performed in the practice of physical therapy. Laboratory component of PTA-105. Admission to Physical Therapist Assistant program is required.

PTA 110 PATHOPHYSIOLOGY FOR THE PHYSICAL THERAPIST ASSISTANT

Units: 3.00

CSU 54.00 hours lecture

Examines the pathological states of the human body systems, with an emphasis on conditions that affect function and mobility, which includes musculoskeletal, neurologic, cardiopulmonary, gastrointestinal, and genitourinary conditions. Students will explore impairments of body structures and functions, activity restrictions, and participation in major life activities, as well as common red flag items and their impact on decision-making before, during, and after treatment by the Physical Therapist Assistant. Admission to Physical Therapist Assistant program is required.

PTA 120 CLINICAL KINESIOLOGY FOR THE PHYSICAL THERAPIST ASSISTANT

Units: 3.00

CSU 54.00 hours lecture

Co-requisite: PTA-120L

Examines the kinesiology and anatomy of the musculoskeletal and neuromuscular systems, with an emphasis on musculoskeletal anatomy and physiology, arthrokinematics, static and dynamic movement systems, and associated clinical applications. Admission to Physical Therapist Assistant program is required.

PTA 120L CLINICAL KINESIOLOGY FOR THE PHYSICAL THERAPIST ASSISTANT LAB

Units: 2.00

CSU 108.00 hours lab

Co-requisite: PTA-120

Provides students with the hands on application of kinesiology to physical therapy treatment, with an emphasis on musculoskeletal anatomy and physiology, arthrokinematics, static and dynamic movement systems, and associated clinical applications. Students will learn how to assess joint range of motion, muscle strength, posture and gait, and develop surface palpation skills. Laboratory component of PTA-120. Admission to Physical Therapist Assistant program is required.

PTA 130 EVIDENCE-BASED PHYSICAL THERAPY

Units: 1.00

CSU 18.00 hours lecture

Examines the importance of evidence-based practice in physical therapy. Students will learn how to assist physical therapists in critically evaluating and incorporating professional literature into clinical decision-making. Additionally, students will develop their own skills in using evidence to inform their professional communication and patient management as Physical Therapist Assistants. Admission to Physical Therapist Assistant program is required.

PTA 201 PHYSICAL AGENTS

Units: 2.00

CSU 108.00 hours lab

Co-requisite: PTA-201L

Introduces the principles of therapeutic modalities and how to apply them safely and effectively. The course will cover a variety of modalities, including ultrasound, ice/heat, electrotherapy, laser light therapy, biofeedback, soft tissue mobilization, manual/mechanical traction, diathermy, and hydrotherapy. Students will also learn about universal precautions and infection control procedures. Admission to Physical Therapist Assistant program is required.

PTA 201L PHYSICAL AGENTS LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-201

Provides hands-on instruction in the application of selected therapeutic modalities. Students will learn the basic techniques for using ultrasound, ice/heat, electrotherapy, laser light therapy, biofeedback, soft tissue mobilization, manual/mechanical traction, and hydrotherapy. Emphasis placed on patient safety and the importance of infection control. Universal precautions and infection control procedures are presented with each modality. Laboratory component of PTA-201. Admission to Physical Therapist Assistant program is required.

PTA 205 DEVELOPMENT, GROWTH, AND AGING

Units: 2.00

CSU 36.00 hours lecture

Explores typical human development and degenerative and pathologic changes that occur throughout the life span. Using a systems approach, this course focuses on the neuromusculoskeletal systems, and how structure and function change with age. The course also discusses how these changes affect motor behavior and skill performance, and how physical therapist assistants can help people regain and/or maintain their function and independence as they age. Admission to Physical Therapist Assistant program is required.

PTA 220 ORTHOPEDIC REHABILITATION

Units: 2.00

CSU 36.00 hours lecture

Co-requisite: PTA-220L

Introduces a functional approach to the assessment and treatment of common musculoskeletal conditions of the spine and extremities. Students will identify the relationships between these conditions and the resulting impairments in body structure and function, activity limitations, and participation in major life activities. The course will also continue to develop students' problem-solving skills, which are essential for making sound decisions about the indications, precautions, and contraindications of various therapeutic intervention options within the Physical Therapist's plan of care. Admission to Physical Therapist Assistant program is required.

PTA 220L ORTHOPEDIC REHABILITATION LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-220

Provides hands-on practical training and skills needed to manage the most common orthopedic conditions seen in various settings across the lifespan. Students will also learn to apply function-based intervention strategies to disorders of the spine, upper extremity, and lower extremity. Laboratory component of PTA-220. Admission to Physical Therapist Assistant program is required.

PTA 225 PROFESSIONAL PRACTICE FOR THE PHYSICAL THERAPIST ASSISTANT

Units: 3.00

CSU 54.00 hours lecture

Introduces the knowledge and skills necessary for Physical Therapist Assistants (PTA) to practice ethically and professionally. Students will learn about the federal, state, and institutional regulations that govern physical therapy practice, as well as the financial and insurance considerations. Topics will also include career development, lifelong learning, and leadership skills. Students will also develop their problem-solving, professional communication, and case management skills. Field trips optional. Admission to Physical Therapist Assistant program is required.

PTA 240 NEUROLOGIC REHABILITATION

Units: 2.00

CSU 36.00 hours lecture

Co-requisite: PTA-240L

Explores identification and treatments for various neurological diagnoses. Impairments presented include weakness and/or abnormal muscle tone from upper and lower motor neuron lesions, sensory and perceptual dysfunction, and incoordination and balance dysfunction. Treatment skills are utilized in a case study involving neurological diagnosis. Admission to Physical Therapist Assistant program is required.

PTA 240L NEUROLOGIC REHABILITATION LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-240

Provides practical training in management of neurologic conditions seen by the Physical Therapist Assistant in various settings across the lifespan. Laboratory component of concepts presented in PTA-240 Neurologic Rehabilitation. Includes rehabilitation of cerebral vascular accidents, traumatic brain injuries, spinal cord injuries, and other neurological conditions. Admission to Physical Therapist Assistant program is required.

PTA 242 CARDIOPULMONARY AND INTEGUMENTARY PHYSICAL THERAPY

Units: 2.00

CSU 36.00 hours lecture

Co-requisite: PTA-242L

Examines cardiopulmonary and integumentary health by analyzing diagnoses, data collection and treatments. Both normal and abnormal reactions to cardiopulmonary stress and rehabilitation techniques to manage them effectively will be covered. Additionally, interventions for a wide range of skin concerns, including but not limited to scars, ulcers, burns, frostbite, photosensitivity disorders, inflammatory conditions, skin cancers, obesity-related issues, and psoriasis will be designed. Admission to Physical Therapist Assistant program is required.

PTA 242L CARDIOPULMONARY AND INTEGUMENTARY PHYSICAL THERAPY LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-242

Provides hands-on practical training in cardiopulmonary and integumentary management of conditions seen in various settings across the lifespan. Students will examine critical values for lab tests and vital signs within various healthcare settings, including intensive care units (ICUs), hospitals, post-acute care facilities, outpatient clinics, and even cardiopulmonary rehabilitation programs, as well as interventions practiced for patients with diverse skin ailments. Laboratory component of PTA-242. Admission to Physical Therapist Assistant program is required.

PTA 244 PHYSICAL THERAPY FOR SPECIAL POPULATIONS

Units: 2.00

CSU 36.00 hours lecture

Co-requisite: PTA-244L

Focuses on the principles and strategies used to deliver physical therapy and wellness services to special populations. Topics include the acutely ill patient, amputees, orthotics/prosthetics, women's health issues, interventions in gerontologic and vestibular disorders, pediatrics, workplace injuries and health, athletic rehabilitation and fitness, advanced therapeutic exercise interventions, and the use of aquatics in physical therapy. Admission to Physical Therapist Assistant Program is required.

PTA 244L PHYSICAL THERAPY FOR SPECIAL POPULATIONS LAB

Units: 1.50

CSU 90.00 hours lab

Co-requisite: PTA-244

Provides hands-on student proficiency with techniques essential for delivering physical therapy and wellness services to special populations. Students also practice advanced therapeutic exercise interventions. Special populations include acutely ill patient, amputees, orthotics/prosthetics, women's health issues, interventions in gerontologic and vestibular disorders, pediatrics, workplace injuries and health, athletic rehabilitation and fitness, and the use of aquatics in physical therapy. May include field trip. Laboratory component for PTA-244. Admission to Physical Therapist Assistant program is required.

PTA 250 CLINICAL EXPERIENCE I

Units: 2.50

CSU 140.00 hours lab

Engage in patient care assessment and treatment procedures under the direct supervision of licensed physical therapists or physical therapist assistants. First/integrated clinical experience. Students will participate in a full-time, four-week clinical setting (35-40 hours/week), applying their knowledge and skills to assist in the care of patients with both uncomplicated and/or complicated conditions. The level of supervision will be individually tailored to ensure patient safety and adhere to the specific needs of the patient, setting, and relevant California regulations. Admission to and satisfactory progression through the Physical Therapist Assistant program are required.

PTA 252 CLINICAL EXPERIENCE II

Units: 3.50

CSU 210.00 hours lab

Continues with patient care assessment and treatment procedures under the direct supervision of licensed physical therapists or physical therapist assistants. Second clinical experience, and the first (of 2) terminal experiences. Students will participate in a full-time, six-week clinical setting (35-40 hours/week), applying their knowledge and skills to assist in the care of patients with both uncomplicated and/or complicated conditions. The level of supervision will be individually tailored to ensure patient safety and adhere to the specific needs of the patient, setting, and relevant California regulations. Includes preparation and presentation of one 30-minute in-service to clinical site staff. Admission to and satisfactory progression through the Physical Therapist Assistant program are required.

PTA 254 CLINICAL EXPERIENCE III

Units: 3.50

CSU 210.00 hours lab

Manage patient treatment and data collection under the direct supervision of licensed physical therapists or physical therapist assistants. Third and final clinical experience. Students will participate in a full-time, six-week clinical setting (35-40 hours/week), applying their knowledge and skills to assist in the care of patients with both uncomplicated and/or complicated conditions. The level of supervision will be individually tailored to ensure patient safety and adhere to the specific needs of the patient, setting, and relevant California regulations. Includes preparation and submission of a comprehensive case study for presentation to the cohort following the internship. Admission to and satisfactory progression through the Physical Therapist Assistant program are required.

PTA 260 PHYSICAL THERAPIST ASSISTANT SEMINAR

Units: 1.00

CSU 18.00 hours lecture

Prepares students for the National Physical Therapist Assistant (PTA) exam, California Law Exam, and licensing application preparation, in order to enter the field of physical therapy as a generalist entry level PTA. A mock National Physical Therapist Assistant examination will conclude the course. Admission to and satisfactory progression through Physical Therapist Assistant program are required.

PTA 262 PHYSICAL THERAPIST ASSISTANT CASE STUDY

Units: 1.00

CSU 18.00 hours lecture

Interactive course during which students will present case studies done as part of their final (of two) terminal clinical experiences. Classmates will ask questions and critique the presentation. Admission to and satisfactory progression through Physical Therapist Assistant program are required.

2024-2025 ADDENDUM

NONCREDIT CLASSES

CAREER SKILLS

Certificate of Completion: Essential Workforce Skills for Health Professions

Provides training to ensure the delivery of high-quality care in the health professions. An emphasis will be placed on implicit bias and how it affects daily life in various settings, communication strategies, workplace ethics and professionalism, managing stress, health profession employability skills, and self-reflection for lifelong learning and growth.

Certificate Student Learning Outcome:

Students will be able to utilize employability skills needed for individuals working in health professions.

Program Requirements:

Units Required: 0

	Units:
NC.CSKL-024 Implicit Bias Training	0.0
NC.HLTH-011 Health Professions Workforce Skills	0.0

NC.CSKL 024 IMPLICIT BIAS TRAINING

5.00 – 8.00 hours

Explores what constitutes implicit bias and how it affects daily life in various settings, including the workplace. Includes self-reflection and identifying strategies to counter implicit bias.

NC.HLTH 011 HEALTH PROFESSIONS WORKFORCE SKILLS

8.00 - 12.00 hours

Provides training to ensure the delivery of high-quality care in the health professions. An emphasis will be placed on communication strategies, workplace ethics and professionalism, managing stress, health profession employability skills, and self-reflection for lifelong learning and growth.

COMPUTER APPLICATIONS AND WEB TECHNOLOGIES

Certificate of Completion: Keyboarding and Document Processing

Utilize proper and ergonomic touch typing for basic word processing skills such as creating, editing, and formatting documents.

Certificate Student Learning Outcomes:

Students will be able to demonstrate proper keyboarding technique while creating, editing, and formatting a variety of documents.

Program Requirements:

Units Required: 0

Units:

NC.CAWT-10B Word Processing Basics	0.0
NC.CAWT-012A Keyboarding (Typing)	0.0

NC.CAWT-10B WORD PROCESSING BASICS

16.00 – 20.00 hours

Introduces basic word processing skills, such as creating, editing, and formatting documents.

NC.CAWT-012A KEYBOARDING (TYPING)

30.00 – 40.00 hours

Develop proper and ergonomic touch typing skills to improve typing speed, accuracy, and keyboard proficiency. The course will cover keyboard layout, techniques, and practical exercises to reinforce skills. An emphasis will also be placed on correct posture and hand positioning to minimize fatigue and reduce the risk of strain injuries.

SIGN LANGUAGE

Certificate of Completion: ASL for Personal and Professional Development

Focuses on the fundamentals of American Sign Language (ASL) and developing expressive and receptive language skills through the learning of basic vocabulary, grammatical structures, and cultural awareness. Designed for, but not limited to current students, parents, family, and community members.

Certificate Student Learning Outcome:

Students will be able to demonstrate basic, functional conversational skills in American Sign Language, while also evaluating aspects of the Deaf community.

Program Requirements:

Units Required: 0

Units:

- NC.SIGN-001 Introduction to ASL for Personal and Professional Development 1A0.0
- NC.SIGN-002 Introduction to ASL for Personal and Professional Development 1B0.0

NC.SIGN 001 INTRODUCTION TO ASL FOR PERSONAL AND PROFESSIONAL DEVELOPMENT 1A

30.00 – 40.00 hours

Presents the fundamentals of American Sign Language (ASL) whereby students develop expressive and receptive language skills through the learning of basic vocabulary, grammatical structures, and cultural awareness. Designed for, but not limited to parents, family, and community members.

NC.SIGN 002 INTRODUCTION TO ASL FOR PERSONAL AND PROFESSIONAL DEVELOPMENT 1B

30.00 – 40.00 hours

Prerequisite: NC.SIGN-001

Continues the fundamentals of American Sign Language (ASL) whereby students develop expressive and receptive language skills through the learning of basic vocabulary, grammatical structures, and cultural awareness. Designed for, but not limited to parents, family, and community members