

Associate in Arts for Transfer Degree: Kinesiology

The Student Transfer Achievement Reform Act (Senate Bill 1440, now codified in California Education Code sections 66746-66749) guarantees admission to a California State University (CSU) campus for any community college student who completes an “associate degree for transfer”, a newly established variation of the associate degrees traditionally offered at a California community college. The Associate in Arts for Transfer (AA-T) or the Associate in Science for Transfer (AS-T) is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing these degrees (AA-T or AS-T) are guaranteed admission to the CSU system, but not to a particular campus or major. In order to earn one of these degrees, students must complete:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including the California General Education Transfer Curriculum (CalGETC)
2. Obtainment of a minimum grade point average of 2.0. Associate Degrees for Transfer also require that students must earn a C, or Pass (P), or better in all courses required for the major or area of emphasis. This degree may not be the best option for students intending to transfer to a particular CSU campus or to university or college that is not part of the CSU system.

Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements. At the time of catalog publication, a student may earn an AA-T in Kinesiology. Additional majors are being developed. Please see a counselor or visit <http://www.canyons.edu> for more information.

Degree Student Learning Outcome:

Students will be able to demonstrate proficiency in the core academic skills and knowledge required for transfer into a kinesiology program at a four-year college or university.

Program Requirements:

Units required: 20 – 27

	Units:
HLHSCI-100 Health Education	3.0
KPET-200 Introduction to Kinesiology	3.0

Plus eight units from the following:

BIOSCI-201 Introduction to Human Anatomy	4.0
AND	
BIOSCI-202 Introduction to Human Physiology	4.0
OR	
BIOSCI-204 Human Anatomy and Physiology I	4.0
AND	
BIOSCI-205 Human Anatomy and Physiology II	4.0

Plus a maximum of one course from any three of the following areas for a minimum of three units:

Aquatics

KPEA-180A Beginning Swimming	1.0
KPEA-180B Intermediate Swimming	1.0
KPEA-180C Advanced Swimming	1.0

Fitness

DANCE-107	Dance Conditioning	1.0
DANCE-108	Pilates	2.0
DANCE-180	Introduction to Yoga	1.0
KPEA-101A	Beginning Weight Training	1.0
KPEA-101B	Advanced Weight Training	1.0
KPEA-102	Running for Fitness	1.0
KPEA-103	Cardio-Cross Training	1.0
KPEA-105	Step Aerobics	1.0
KPEA-125	Walking for Fitness	1.0
KPET-201	Principles of Physical Fitness and Conditioning	3.0

Individual Sports

KPEA-165A	Beginning Golf	1.0
KPEA-165B	Intermediate Golf	1.0
KPEA-165C	Advanced Golf	1.0
KPEA-185A	Beginning Tennis	1.0
KPEA-185B	Intermediate Tennis	1.0
KPEA-185C	Advanced Tennis	1.0

Team Sports

KPEA-145A	Beginning Baseball	1.0
KPEA-145B	Intermediate Baseball	1.0
KPEA-150A	Beginning Basketball	1.0
KPEA-150B	Intermediate Basketball	1.0
KPEA-160A	Beginning Football	1.0
KPEA-160B	Intermediate Football	1.0
KPEA-170A	Beginning Soccer	1.0
KPEA-170B	Intermediate Soccer	1.0
KPEA-175A	Beginning Softball	1.0
KPEA-175B	Intermediate Softball	1.0
KPEA-195A	Beginning Volleyball	1.0
KPEA-195B	Intermediate Volleyball	1.0
KPEA-195C	Advanced Volleyball	1.0

Plus one courses from the following for three to five units:

Chemistry

CHEM-201	General Chemistry I	5.0
OR		
CHEM-201H	General Chemistry I – Honors	5.0

Physics

PHYSIC-110	General Physics I	4.0
OR		
PHYSIC-220	Physics for Scientists and Engineers: Mechanics of Solids and Fluids	4.0

Psychology

PSYC-C1000 Introduction to Psychology 3.0

OR

PSYC-C1000H Introduction to Psychology - Honors 3.0

Sociology

SOCI-101 Introduction to Sociology 3.0

OR

SOCI-101H Introduction to Sociology – Honors 3.0

Statistics

PSYCH-104 Statistics for the Behavioral Sciences 4.0

OR

SOCI-137 Statistics for the Social Sciences 4.0

OR

STAT-C1000 Introduction to Statistics 4.0

OR

STAT-C1000E Introduction to Statistics 4.0

OR

STAT-C1000H Introduction to Statistics - Honors 5.0

July 16, 2025