

Associate in Science Degree: Occupational Therapy Assistant

Occupational Therapy is a healthcare profession whose practitioners work in diverse settings, including hospitals, private practices, outpatient clinics, home health agencies, schools, community health centers, skilled nursing facilities, mental health facilities, and work environments. The Occupational Therapy Assistant (OTA) is a key member of the healthcare team, providing occupational therapy services under the direction and supervision of a licensed occupational therapist. The OTA supports individuals of all ages facing health or medical challenges that limit their ability to perform daily functional activities. Once graduated and certified, the OTA assists clients through interventions focused on improving skills for activities of daily living (ADLs), instrumental activities of daily living (IADLs), and other functional tasks, including mobility, self-care, and social participation across the lifespan. The OTA is also skilled in implementing therapeutic activities, environmental adaptations, and the use of adaptive equipment, as well as assisting with sensory integration techniques and other modalities to promote independence and enhance quality of life.

Degree Student Learning Outcome:

Students will be able to demonstrate the ability to provide competent and ethical care and address the diverse needs of clients in various practice settings as an entry-level Occupational Therapy Assistant.

Program Requirements:

Units Required: 43.50

		Units:
OTA-100	Introduction to Occupational Therapy: Theory and Practice	2.0
OTA-110	Introduction to Activity Analysis & Documentation	1.5
OTA-120	Biomechanics and Applied Kinesiology in Occupational Therapy	3.0
OTA-120L	Biomechanics and Applied Kinesiology in Occupational Therapy Lab	1.0
OTA-130	Theory and Process in Neurological Disorders and Psychosocial Issues	3.0
OTA-130L	Theory and Process in Neurological Disorders and Psychosocial Issues Lab	1.0
OTA-133	Level I Fieldwork in Neurological and Psychosocial Issues	0.5
OTA-141	Conditions and Wellness in Occupational Therapy	2.0
OTA-151	Advanced Clinical Documentation for Occupational Therapy	1.0
OTA-161	Pediatric Occupational Therapy: Theory and Practice in Developmental Disabilities and Conditions	3.0
OTA-161L	Pediatric Occupational Therapy: Theory and Practice in Developmental Disabilities and Conditions Lab	1.0
OTA-163	Level I Fieldwork in Developmental Disabilities and Pediatric Conditions	0.5
OTA-171	Physical Dysfunction and Rehabilitation for Adults: Theory and Practice	3.5
OTA-171L	Physical Dysfunction and Rehabilitation for Adults: Theory and Practice Lab	1.0
OTA-173	Level I Fieldwork in Physical Dysfunction and Adult Rehabilitation	0.5
OTA-202	Management of Occupational Therapy Services	1.5
OTA-212	Evidence-Based Practice in Occupational Therapy Interventions	3.0
OTA-222L	Clinical Competency and Reasoning Skills Lab	1.0
OTA-232	Exam Preparation for Occupational Therapy Assistants	1.0
OTA-233	OTA Level II Fieldwork: First Rotation	6.25
OTA-243	OTA Level II Fieldwork: Second Rotation	6.25