

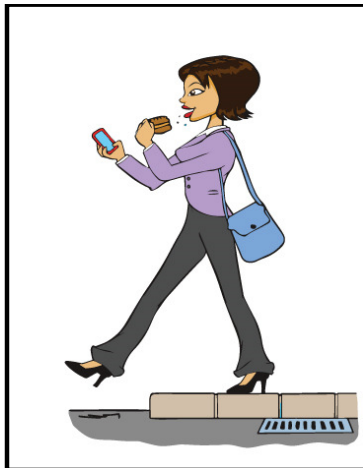


Protect Yourself from Harm

The best tool in your safety toolbox is your power of observation!

If we choose to pay attention to every beep or ringtone from our electronic devices, we may trip over that parking barrier or slip in a puddle. Why let easily avoidable obstacles hurt us?

Don't mute your powers of observation with unnecessary distractions!



Keep in mind:

- Keep your eyes on your path and your surroundings to avoid injury!
- Be aware of your surroundings always, do not become complacent:
"Situational Awareness"
- To remain safe and comfortable, dress appropriately for the day's activities.
- Maintain a healthy lifestyle and diet to stay healthy, happy, fit, and alert!

Take a moment to reevaluate your situation. Minimize your distractions and remain focused on your task. Don't take shortcuts!