



# College to Career Connection

## Kinesiology

### What is Kinesiology?

The Physical Education-Kinesiology program offers a diverse curriculum which includes theory courses in Physical Education-Kinesiology, health education, and athletic training/sports medicine. A wide variety of movement courses are offered for the development of physical activity skills, knowledge, and fitness necessary for lifetime wellness in the areas of group exercise, aquatics, team sports, and recreation. College of the Canyons offers:

[COC - Kinesiology Associate in Arts for Transfer \(AA-T\)](#)

[COC - Physical Education-Kinesiology Associate in Arts](#) - will not transfer to a 4 year university

[COC -Certificate of Specialization: Therapeutic Procedures-](#) will not transfer to a 4 year university

### Potential Industries/Employers

- Hospitals or Health Clinics
- Home Healthcare Agencies
- Nursing homes/Residential care facilities
- Sports Medicine Facilities
- Fitness Centers
- Sports Facilities
- Community Centers Rehabilitation Centers
- Healthcare Programs: Clinical, Industrial, Corporate
- Doctors' Offices, Particularly Orthopedic
- Public Health Service

### Possible Job Titles

- Chiropractor
- Physical Therapist
- Athletic Trainer
- Sports Management
- Health Educator
- Epidemiologist
- Physician's Assistant
- Recreational Therapist
- Exercise Psychologist
- Cardiac Rehabilitation Specialist
- Massage Therapist
- Occupational Therapist
- Strength and Conditioning Coach
- Sports Marketing
- Respiration Therapist

# How this Major Helps You Move Forward:

## Skills Advancement

While College of the Canyons does not endorse all of these opportunities, we aim to provide access:

- [Internships and COC Career Center](#)
- [American Physiology Society \(APS\) Student Awards & Events](#)
- [MentorNet](#)
- [The Kinesiology Network Websites & Resources](#)
- [American Physiology Society \(APS\) Student Career Resources](#)

## CSU/UC Major Preparation (BA/BS)

- [CSUN: Kinesiology B.S. Option in Exercise Science](#)
- [CSUN: Kinesiology B.S. Option in Physical Education](#)
- [CSULA: Kinesiology B.S.](#)
- [CPSLO: Kinesiology B.S.](#)
- ... and more!

## Additional information can be found at:

- [What Can I do With this Major](#)
- [COC Kinesiology Department](#)
- [Assist: Student Transfer Information System](#)
- [Occupational Outlook Handbook](#)
- [O\\*NET OnLine: Job and Career Exploration](#)
- [Linkedin Alumni Tool](#)
- [Candid Career Videos](#)

## Associations

Association is a group of people who come together for a common purpose. You can find helpful information about jobs and careers.

- [The Kinesiology Network](#)
- [American Physical Therapy Association](#)
- [American Physiological Society \(APS\)](#)
- [Association of Schools of Allied Health Professions](#)
- [National Athletic Trainers Association \(NATA\)](#)
- [National Board for Certification of Orthopaedic Technologists \(NBCOT\)](#)
- [The American College of Sports Medicine](#)

This is a general information. It is not an exhaustive, comprehensive list. For specific information on majors and careers please connect with your professors and visit the counseling center at <https://www.canyons.edu/student-services/counseling> | 3/26/21