

## COLLEGE OF THE CANYONS DREAMERS TOGETHER TASKFORCE



Invites you to the spring 2021:

## UNDOCUMENTED STUDENT

## **MONTHLY TOWNHALLS**

OPEN to the entire campus community!

SPRING 2021				
MONTH	FEBRUARY	MARCH	APRIL	MAY
TITLE	Educational	Financial Literacy	Mindfulness/	Mental Health
	Counseling/ZERO		Artivism	Counseling
	TEXTBOOK COST	<b>***</b>		
	Feb. 23, 2021	March 4, 2021	April 21, 2021	May 7, 2021
DATE/TIME	3:00pm – 4:15pm	5:00pm – 6:15pm	4:00pm – 5:15pm	11:00am – 12:15pm
	Join via ZOOM	Join via ZOOM	Join via ZOOM	Join via ZOOM
PRESENTER	Joy Shoemate	Alejandra Magaña	Basilio Hernandez	Dr. Elizabeth
	(Director of Online	Gamero &	(AVC) &	Hernandez
	Education) &	Raylene Hernandez	Melody Klingenfuss	(Staff Psychologist,
	Connie Perez	(Latinas Talk Dinero)	(CHIRLA Statewide	UCLA)
	(Counseling Faculty)		Organizer, CDN)	
FLEX CREDIT	FLEX Credit	FLEX Credit	FLEX Credit	FLEX Credit
	<u>#: 239S</u>	<u>#: 295S</u>	<u>#: 336S</u>	<u>#:337S</u>

<sup>\*</sup>Full workshop descriptions below

The Dreamers Together Taskforce would like to engage, collaborate and empower students to increase the concentric circles of safety and care available for undocumented students on/off campus. We will explore personal reflection, the impact of trauma, what on/off campus resources are available and how students can become more involved at COC.

Zoom link Information for all upcoming events:

https://canyonsonline.zoom.us/s/92123880991

Meeting ID: 921 2388 0991; Passcode: 876796

Faculty and Staff interested in receiving FLEX credit can register at: https://login.frontlineeducation.com/sso/collegeofthecanyons

## Monthly Townhall Descriptions:

February 23. 2021, 3:00pm - 4:15pm

EDUCATIONAL COUNSELING/ZERO TEXTBOOK COST, FLEX CODE: 239S

Join via zoom: https://canyonsonline.zoom.us/s/92123880991

Presenter: Joy Shoemate (Director of Online Education) & Connie Perez (Counseling Faculty)

Join us to learn about counseling services and Zero Textbook Cost (ZTC) resources on campus. Part of our session will focus on open licensing that allows students to save money on textbooks. Joy Shoemate, Director of Online Education, will describe what ZTC are and how to locate courses that use free material. ZTC offers an alternative to traditional textbooks which could save students hundredsof dollars each semester. For the second portion of our session, Connie Perez, counseling faculty, will discuss counseling services, courses, and how to schedule appointments with the counseling department. These services are ever important to our undocumented students as they can help them obtainsupport and to alleviate financial burdens.

March 4, 2021: 5:00pm - 6:15pm

FINANCIAL LITERACY, FLEX CODE: 295S

Join via zoom: https://canyonsonline.zoom.us/s/92123880991

Presenter: Alejandra Magaña Gamero & Raylene Hernandez, Latinas Talk Dinero

This workshop will review basic principles of financial literacy, including: saving, paying off debt, the power of "side hustles", basic investing (Yes, undocumented individuals CAN invest!) and more! Join us as we work to break generational cycles, accumulate wealth, and foster our own well-being. Let's tap intoour power and lift ourselves and our communities!

April 21, 2021: 4:00pm - 5:15pm

MINDFULNESS & ARTIVISM, FLEX CODE: 336S

Join via zoom: https://canyonsonline.zoom.us/s/92123880991

Presenter: Basilio Hernandez (AVC) & Melody Klingenfuss (CHIRLA Statewide Organizer-CDN)

Art can be used to exercise the power of voice. It is a way to provide empowerment through the use of art and mindfulness. Students will learn how to explore their identity, resistance, activism and empowerment. The concept of protest art and artivism will be explored and how it can provide a counter narrative, resist a fixed identity and how it can dispel myths of undocumented immigrants, while also providing a space of resistance.

May 7, 2021: 11:00am - 12:15pm

MENTAL HEALTH COUNSELING, FLEX CODE: 337S Join via zoom: <a href="https://canyonsonline.zoom.us/s/92123880991">https://canyonsonline.zoom.us/s/92123880991</a> Presenter: Dr. Elizabeth Hernandez, Staff Psychologist, UCLA

There are many barriers undocumented students face, such as being first generation, and low-income. In addition, many have to deal with personal family obligations. These struggles add an additional strain and can impact mood, motivation, self-esteem, relationships and overall mental wellbeing. Undocumented students also face anxiety, depression, stress and fear when confronted with xenophobia/racism, deportation fears, finances/employment and having to deal with their own status and identity. This townhall will focus on the importance of mental health, how to build resilience and how to seek mental health resources and services.

For more information on upcoming events visit: www.canyons.edu/dreamers

Or contact the DREAMERS TASKFORCE CHAIRS

Flavio Medina-Martin, Esther Villegas-Sandoval, Marilyn Jimenez







